

# CURE & CULTURE IN THE DANUBE CITY GYŐR

HOTEL  

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RÁBA  
CITY CENTER



**Enjoy the special combination  
– for the sake of your health  
in the West Hungary**

Cure in the Rába Quelle Thermal- and Fun Bath  
Stay in the Hotel Rába City Center\*\*\*  
Culture pleasure in the baroque city Győr



MEMBER OF  
DANUBIUS HOTELS GROUP



# Rába Fürdő Győr Quelle

Rába-Quelle Thermal Bath and Spa is located on a peninsula at the meeting point of the Mosoni-Duna and the River Rába with a splendid view over the historic city.

## THERMAL BATH

The thermal bath has two medical spas (32 and 38 °C), and a thermal pool (28 °C) complete with horizontal massage facilities, waist and back massage nozzles.

High in alkaline hydrogen-carbonated chloride, the medical waters of Győr are also recognised as iodine medical spas for their high iodine content.



## RECOMMENDED FOR:

- Ageing-related osteopathy and articular diseases
- Chronic inflammatory articular and muscular diseases
- Chronic inflammatory gynaecological conditions
- Chronic bronchitis or aero-emphysema
- Digestive conditions, hypothyroidism (water-drinking)
- Tooth decay
- Non-contagious diseases

## Composition of medical water

Potassium and Sodium (K+Na)	648.8 mg/L
Ammonium (NH <sub>4</sub> )	7.2 mg/l
Calcium (Ca)	8.7 mg/l
Magnesium (Mg)	8.1 mg/l
Iron (Fe)	8.16 mg/l
Chloride (Cl)	475 mg/l
Iodine (I)	1.26 mg/l
Fluoride (F)	1.15 mg/l
Hydrogen-Carbonate (HCO <sub>3</sub> )	951.6 mg/l
Sulphide (S)	0.34 mg/l
Metaboric acid (HBO <sub>2</sub> )	3.00 mg/l
Metasilicic acid (H <sub>2</sub> SiO <sub>3</sub> )	60.84 mg/l
Free carbon dioxide (CO <sub>2</sub> )	13.20 mg/l
Total dissolved matter:	2,177.35 mg/l
Hydrogen ion concentration	(pH) 8.04



## MEDICAL TREATMENTS

- Balneotherapy
- Massage
- Underwater physiotherapy
- Remedial swimming
- Underwater physical exercises
- Tubbing
- Mud pack treatment
- Traction bath
- Medical massage
- Underwater jet massage
- Electric treatments with modern multifunctional equipment (low frequency, middle frequency, TENS, high voltage and micro electricity and ultrasound treatment)





## AQUAFUN

Being one of the few chloride-free baths in Hungary, the centre welcomes visitors throughout the year offering 5 aquafun pools, and a 64- and a 38-meter giant water slide.

Your stay is made unforgettable with 40 different fun elements, drifting channels, massage nozzles, geysers, water fountains, waterfalls and cascade caverns. Magical evening setting even during daytime in the romantic pool with bar.

## SAUNA PARK

The sauna park is home to different temperature Finnish saunas, steam cabins, and a four-person infra-cabin. A 16-person jacuzzi and an indoor and outdoor dipping pool make services complete.

### Sauna park I

5 Finnish saunas, 2 steam cabins, jacuzzi

### Sauna park II

aroma therapy sauna, 2 infra cabins, salt cave, heated rest bench, 4 massage chairs



## HEALTH ISLAND

Massage and herbal packs help you revive in a room equipped with a special air filtration system. Massages: herbal, relaxing, regenerating and medical massages

## OPENING HOURS:

Sunday-Thursday: 09.00 a.m. - 08.30 p.m.

Friday-Saturday and public holidays:

09.00 a.m. - 09.00 p.m.





## HOTEL RÁBA CITY CENTER \*\*\*

Your Hotel in the heart of the Baroque city center.

134 rooms and 21 suites with bath, hairdryer, telephone, minibar, TV, internet access. All suites with air-conditioning, spacious bathroom and separate work/study room. Smoking rooms and rooms for disabled.

### WELLNESS AT THE HOTEL

- massage
- sauna, solarium
- Fitness room
- bicycle rental



### ROYAL BELGIAN BEER CAFÉ AND RESTAURANT

At our Belgian restaurant guests are welcomed by a last century atmosphere and offered a choice of more than 25 varieties of Belgian beer, cuisine specialties and a wide range of other dishes.

### BAROSS RESTAURANT

Hotel guests are treated to an expansive buffet breakfast at the Baross Restaurant.



## THE DANUBE CITY GYŐR

Győr is awaiting the visitors midway between Budapest and Vienna, in beautiful natural surroundings, at junction of rivers with rich historical heritage and varied leisure programs. Every monuments and buildings of the Baroque inner town are calling up legends, the sacral relics of the Basilica and the Archabbey of Pannonhalma in the nearby, introduce the ever-living memories of Hungarian Christianity. The city of rivers is an excellent place for pursuing water sports, with its green isles and parks tempts to resting in the nature, while the Bath Rába Quelle offers the healing power of the thermal water of Győr. A festival-city, where the friends of arts can find attractive programs of high level all the year round.



## PROGRAMME IN GYŐR AND AROUND

Our sacral monuments in and around Győr are the memorials of 1000-year-old Hungarian Christianity.

- Basilica, Bishops Castle, Benedictine Church, Carmelite Church
- Benedictine Abbey In Pannonhalma
- Museums, Zichy Palace

Győr is a town of festivals where friends of the arts and those who are eager for a high-quality relaxation can find attractive programmes all the year round.

- 4 Season's Festival
- Children's Festival
- Baroque Festival
- Mediawave Festival
- Dance Festival



### Hotel Rába City Center\*\*\*

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