



HEALTH SPA PIEŠŤANY

# HEALTH SPA PIEŠŤANY

Slovakia



## HEALTH AND VITALITY



HEALTH SPA PIEŠŤANY

PRICELIST 2019

Valid from January 13, 2019 to January 11, 2020

# Medical Information

## INDICATIONS

The spa stay at Health Spa Piešťany is suitable mainly for treatment of:

### disorders of locomotive apparatus

- ▶ Vertebrogene syndrome (back pain)
- ▶ Degenerative diseases of joints (gonarthrosis, coxarthrosis, arthrosis of small joints of hands and of backbone)
- ▶ Conditions after injuries or operations of locomotive organs, including use of joints' substitution
- ▶ Conditions after operations of intervertebral disc
- ▶ Rheumatoid arthritis and related variants
- ▶ Reactive and derivative arthritis
- ▶ Rheumatismus outside of joints
- ▶ Ankylosing spondylitis (Bechterew's disease)
- ▶ Scoliosis

### disorders of nervous system

- ▶ Conditions after injuries and operations of central and peripheral nervous system
- ▶ Polyneuropathy with paretic appearances
- ▶ Conditions after meningoencephalitis and after myelitis
- ▶ Hemiparesis and paraparesis of vascular origin
- ▶ Disseminated sclerosis
- ▶ Rhizoid syndromes
- ▶ Parkinson's disease
- ▶ Neuro-muscular degenerativne diseases
- ▶ Syringomyelia
- ▶ Poliomyelitis
- ▶ Hereditary idiopathic neuropathy

## CONTRAINDICATIONS (NOT SUITABLE FOR)

- ▶ infectious diseases
- ▶ serious heart diseases
- ▶ acute thrombophlebitis
- ▶ inflammatory rheumatic diseases in the acute phase
- ▶ tumorous conditions with metastasis

- ▶ psychosis
- ▶ unstable diabetes with repeated acidosis
- ▶ pregnancy
- ▶ addiction to alcohol and other addictive substances
- ▶ incontinency
- ▶ conditions needing the systematic methodical care of third person
- ▶ epilepsy with repeated fits

## EXAMINATION

### Initial Doctor's Check-up

If you are staying with us on a traditional or therapeutic spa package you will, upon arrival, be booked in for a check up with one of our spa doctors. The aim of this initial consultation is to check your health complaints, health history, that the treatments prescribed are safe and effective. If necessary the doctor may prescribe additional examinations and/or laboratory tests.

### Doctor's Consultation

Throughout your stay our doctors are on hand to give you the necessary advice and guidance to ensure that you make the most from our spa facilities and treatments. They will also be able to answer questions that you may have and can give you important advice on our effective preventative therapies and improving your health in general. Some of our signature treatments, because of their unique effects, require a doctor's consultation prior to booking. Your health spa or hotel reception will be able to give you further information on this and how you can book an appointment to see a doctor

### Doctor's Control

If you are staying with us for one week or longer on a traditional or therapeutic spa stay, you will receive a weekly control check up with one of our spa doctors. The purpose of this consultation is to ensure that your treatment plan is having the best results possible and that you are getting the best out

of our spa services. In some cases the treatment plan might be adjusted and additional treatments advised, depending on your progress.

### Final Doctor's Check-up

At the end of your stay our spa doctors will conduct a final consultation to ensure that the treatments prescribed have gone according to plan. This is also an opportunity for the doctor to give you the necessary medical and lifestyle advice to help continue the improvement in your health once you leave. A report can be produced in German, English or Slovak.

## DIAGNOSTIC TESTS

**Laboratory tests:** basic examination of urine, glycaemia-blood sugar, urea, creatinine, AST, ALT, blood count + diff., FW – blood sedimentation, cholesterol in total, LDL cholesterol, HDL cholesterol, TGL - triacylglycerols, uric acid

**USG:** sonographic examination (joints, tendons and sinews, abdomen, arteries of lower extremities, carotids (Doppler) and others)

**ECG:** electrocardiography examination

**X-ray:** diagnostics of skeleton

**Densitometry examination:** examination in the National Institute of Rheumatic Diseases oriented to the bone's density measuring

**WHR:** Waist to Hip Ratio

**BMI:** Body Mass Index

Examinations, diagnostics and healing treatments not listed in the package descriptions and prescribed medication need to be purchased according to the valid pricelist.

## TRADITIONAL SPA STAY

This spa stay is aimed at pain relief, improvement of stiffness, mobility and other symptoms associated with diseases of musculoskeletal system. Recommended length of stay is 2-3 weeks.

**Accommodation with full board:** buffet breakfast, lunch, dinner

**Doctor and health examinations:** (initial and final) with a special emphasis on disorders of the musculoskeletal system and related complications

**Doctor visit:** 1 per week, including initial and final check-up

**Diagnostics and laboratory tests upon doctor's prescription:** for stay with minimum duration 13 nights

**Medical report at the end of the stay**

**Healing treatments:** an individual treatment programme includes 24 treatments per week (7 nights). The doctor will prescribe 20 treatments based on the health of the client and will recommend active rehabilitation such as group exercise or fitness sessions with a trainer (4 times per week).

## TRADITIONAL SPA STAY LIGHT

This spa stay is aimed at pain relief, improvement of stiffness, mobility and other symptoms associated with diseases of musculoskeletal system. Recommended length of stay is 2 weeks.

**Accommodation with full board:** buffet breakfast, lunch and dinner

**Doctor and health examinations:** (initial and final) with a special emphasis on disorders of the musculoskeletal system and related complications

**Doctor visit:** 1x per week

**Diagnostics and laboratory tests upon doctor's prescription:** for stays with minimum duration 13 nights

**Medical report at the end of the stay**

**Healing treatments:** individual therapeutic program with up to 18 treatments per week (7 nights) based on the guest's health and doctor's prescription. The program includes 3 active rehabilitation treatments per week such as group exercises or fitness training with fitness trainer.

## DELUXE HEALTH PROGRAM

In this spa program the power of natural thermal mineral resources meets the individual approach creating the finest treatments combination to serve a unique healing effect to your body and soul.

**Accommodation with full board:** buffet breakfast, lunch and dinner

**Doctor and health examinations:** (initial and final) with a special emphasis on disorders of the musculoskeletal system and related complications

**Doctor visit:** 1 per week, including initial and final check-up

**Diagnostics and laboratory tests upon doctor's prescription:** for stays with minimum duration 13 nights

**Medical report at the end of the stay**

**Healing treatments:** individual therapeutic program:

**7 nights - 18 treatments per stay**

3x Thermal bath (Mirror pool, Individual thermal mineral bath), 3x Local mud pack, 6x Individual Therapeutic Exercise (Individual Exercise, Soft Techniques with the Ortho-Bionomic Method), 3x Partial Medical Massage, 2x Segment Massage, 1x Hydromassage

**8 nights - 21 treatments per stay**

3x Thermal bath (Mirror pool, Individual thermal mineral bath), 4x Local mud pack, 7x Individual Therapeutic Exercise (Individual Exercise, Soft Techniques with the Ortho-Bionomic Method), 4x Partial Medical Massage, 2x Segment Massage, 1x Hydromassage

**9 nights - 24 treatments per stay**

4x Thermal bath (Mirror pool, Individual thermal mineral bath), 4x Local mud pack, 8x Individual Therapeutic Exercise (Individual Exercise, Soft Techniques with the Ortho-Bionomic Method), 4x Partial Medical Massage, 3x Segment Massage, 1x Hydromassage

**10 nights - 27 treatments per stay**

5x Thermal bath (Mirror pool, Individual thermal mineral

### Our doctors prescribe for all traditional spa stays a selection of treatments from this list each day:

- ▶ based on the natural healing resources: Local mud pack, Thermal bath (Mirror pool), Mud pool, Individual thermal mineral bath, Individual thermal bubble bath, Carbon dioxide thermal bath, Underwater traction, Pelotherapy for hands, Hydrotherapy, Parafango
- ▶ forms of individual and group rehabilitation: massages - up to 5 massages per week (Partial medical massage, Segment massage, Underwater jet massage), Water rehabilitation, Traction, Group therapeutic exercise, Individual therapeutic exercise, Ergotherapy
- ▶ other treatments: Electrotherapy (including Magnetic therapy), Ultrasound therapy, Phototherapy (Laser therapy, Bioptron lamp, Repuls), Hydrotherapy (Underwater jet massage, Whirlpool, Scottish spray, Stepping bath), Paraffin for hands, Local cryotherapy, Dry carbon gas bath, CO2 gas injection, Radial shock therapy, Inhalation, Fitness

bath), 4x Local mud pack, 9x Individual Therapeutic Exercise (Individual Exercise, Soft Techniques with the Ortho-Bionomic Metod), 4x Partial Medical Massage, 3x Segment Massage, 2x Hydromassage

### **11 nights - 30 treatments per stay**

5x Thermal bath (Mirror pool, Individual thermal mineral bath), 5x Local mud pack, 10x Individual Therapeutic Exercise (Individual Exercise, Soft Techniques with the Ortho-Bionomic Metod), 5x Partial Medical Massage, 3x Segment Massage, 2x Hydromassage

### **12 nights - 32 treatments per stay**

6x Thermal bath (Mirror pool, Individual thermal mineral bath), 5x Local mud pack, 11x Individual Therapeutic Exercise (Individual Exercise, Soft Techniques with the Ortho-Bionomic Metod), 5x Partial Medical Massage, 3x Segment Massage, 2x Hydromassage

### **13 nights - 34 treatments per stay**

6x Thermal bath (Mirror pool, Individual thermal mineral bath), 5x Local mud pack, 12x Individual Therapeutic Exercise (Individual Exercise, Soft Techniques with the Ortho-Bionomic Metod), 6x Partial Medical Massage, 3x Segment Massage, 2x Hydromassage.

## HEALTHY WEIGHT PROGRAM

This spa stay focuses on weight reduction combining nutritional balance with treatments for the musculoskeletal system that has been effected by weight overload. The recommended length of stay is from 3 weeks.

**Accommodation with full board:** special reduction diet, individual diet low on saccharides, with sufficient intake of proteins, low on fats and rich in fluid and vitamin supply; mostly light, low-calorie meals from poultry, fish and white meats, with high content of vegetables, fibres and vitamins, enriched by natural nutritional supplements and a drinking cure.

**Doctor and health examinations:** (initial and final) with special emphasis on symptoms of obesity and related complications; localization of body fat; individual food intake regime; consultation with a dietary coach.

### **Consultation with a fitness trainer**

### **BMI and WHR check-up**

### **Diagnostics and laboratory tests**

### **Medical report at the end of the stay**

**Healing treatments:** individual therapeutic program with up to 28 treatments per week (7 nights) based on guest's health and doctor's prescription.

**Treatments are selected from below:** Thermal bath (Mirror pool), Mud pool, Individual thermal mineral bath, Mud pack (2x per week), Group therapeutic exercise (daily), Whirlpool, Hydromassage, Underwater jet massage, Partial medical massage, Individual therapeutic exercise (2x per week) or Soft techniques with Ortho-Bionomic method (2x per week), Nordic walking, Scottish spray, Stepping bath, Carbon therapy (max. 2x per week), Electrotherapy, Oxygen Inhalation, Salt Cave, Personal fitness training (daily), Tractions.

## TASTE OF PIEŠŤANY

This spa stay is for those who would like to enjoy and have a taste of the unique treatments of Spa Piešťany.

**Accommodation with half board:** buffet breakfast, dinner

**Doctor's Consultation:** to screen possible contraindications of treatments

**Healing treatments:** relaxation programme including treatments stated below:

### **2 nights - 3 treatments per stay**

1x Thermal bath (Mirror pool), 1x Local mud pack, 1x Partial medical massage

### **3 nights - 4 treatments per stay**

1x Thermal bath (Mirror pool), 1x Local mud pack, 1x Partial medical massage, 1x Hydrotherapy / Thermal bubble bath

### **4 nights - 6 treatments per stay**

1x Thermal bath (Mirror pool), 1x Local mud pack, 1x Partial medical massage, 1x Hydrotherapy / Thermal bubble bath, 1x Salt cave / Oxygen inhalation, 1x Nordic walking / Group therapeutic exercise / Hydrokinesiotherapy / Aqua cycling

### **5 nights - 8 treatments per stay**

2x Thermal bath (Mirror pool), 1x Local mud pack, 2x Partial medical massage, 1x Hydrotherapy / Thermal bubble bath, 1x Salt cave / Oxygen inhalation, 1x Nordic walking / Group therapeutic exercise/ Hydrokinesiotherapy / Aqua cycling

### **6 nights - 9 treatments per stay**

2x Thermal bath (Mirror pool), 1x Local mud pack, 2x Partial medical massage, 1x Hydrotherapy / Thermal bubble bath, 1x Saltcave / Oxygen inhalation, 2x Nordic walking / Group therapeutic exercise/ Hydrokinesiotherapy / Aqua cycling.



**7 nights - 15 treatments per stay - A Special offer with a higher number of treatments, aimed at prevention**

3x Thermal bath (Mirror pool), 1x Local mud pack, 2x Partial medical massage, 2x Hydrotherapy / Thermal bubble bath, 2x Salt cave / Oxygen inhalation, 3x Nordic walking / Group therapeutic exercise / Hydrokinesiotherapy / Aqua cycling, 2x Paraffin / Parafango Pack / Dry Carbon Gas.



**SPANTASTIC RELAX**

This Package focuses on the relaxing effect of the unique thermal natural resources accompanied by the selection of pampering treatments delivering a calming and rejuvenating experience.

**Accommodation with half board:** buffet breakfast, dinner

**Doctor's Consultation:** to screen possible contraindications of treatments

**Healing treatments:** relaxation programme including treatments stated below:

**7 nights - 15 treatments per stay**

3x Thermal bath (Mirror pool, Mud pool, Individual thermal mineral bath), 3x Local mud pack, 2x De Luxe Massage, 2x Foot Reflex Massage, 2x Hydromassage, 1x Hot Stone Therapy, 2x Salt Cave / Oxygen Inhalation

**8 nights - 17 treatments per stay**

4x Thermal bath (Mirror pool, Mud pool, Individual thermal mineral bath), 3x Local mud pack, 2x De Luxe Massage, 2x Foot Reflex Massage, 2x Hydromassage, 1x Hot Stone Therapy, 3x Salt Cave / Oxygen Inhalation

**9 nights - 19 treatments per stay**

5x Thermal bath (Mirror pool, Mud pool, Individual thermal mineral bath), 3x Local mud pack, 2x De Luxe Massage, 2x Foot Reflex Massage, 3x Hydromassage, 1x Hot Stone Therapy, 3x Salt Cave / Oxygen Inhalation

**10 nights - 21 treatments per stay**

5x Thermal bath (Mirror pool, Mud pool, Individual thermal mineral bath), 4x Local mud pack, 2x De Luxe Massage, 3x Foot Reflex Massage, 3x Hydromassage, 1x Hot Stone Therapy, 3x Salt Cave / Oxygen Inhalation

**11 nights - 24 treatments per stay**

6x Thermal bath (Mirror pool, Mud pool, Individual thermal mineral bath), 4x Local mud pack, 2x De Luxe Massage, 3x Foot Reflex Massage, 3x Hydromassage, 2x Hot Stone Therapy, 4x Salt Cave / Oxygen Inhalation

**12 nights - 26 treatments per stay**

6x Thermal bath (Mirror pool, Mud pool, Individual thermal mineral bath), 5x Local mud pack, 3x De Luxe Massage, 3x Foot Reflex Massage, 3x Hydromassage, 2x Hot Stone Therapy, 4x Salt Cave / Oxygen Inhalation

**13 nights - 28 treatments per stay**

6x Thermal bath (Mirror pool, Mud pool, Individual thermal mineral bath), 5x Local mud pack, 3x De Luxe Massage, 4x Foot Reflex Massage, 4x Hydromassage, 2x Hot Stone Therapy, 4x Salt Cave / Oxygen Inhalation.

**FOREVER YOUNG WEEK**

This spa stay is recommended especially for seniors to regenerate and rejuvenate with a length of stay of 1 week (7 nights).

**Accommodation with half board:** buffet breakfast and dinner

**Doctor and health examinations (initial)**

**ECG test**

**Healing treatments:** individual therapeutic program with up to 12 treatments per week (7 nights) based on guest's health and doctor's prescription. The program includes 3 active rehabilitation treatments per week such as group exercises or fitness training with fitness trainer

**Treatments are selected from below:** Carbon dioxide thermal bath, Local mud pack or Parafango pack (1 per week), Paraffin pack, Thermal bath (Mirror pool) or Individual thermal mineral bath, Salt cave, Whirlpool, Stepping bath, Partial medical massage, Dry carbon gas bath.





HEALTH SPA RESORT

## THERMIA PALACE

\* \* \* \* \*

Spa Island, 921 29 Piešťany  
Tel. +421 33 775 6111  
Fax +421 33 775 6199  
thermia@spapiestany.sk  
(N 48°35'12.9" E 17°50'27.7")



Beautifully renovated Art-Nouveau gem built in 1912 is located in the picturesque environment of the Spa Island. This 5-star hotel offers 111 luxurious, air-conditioned rooms and 15 suites and is directly connected to the Irma Health Spa. Enjoy health and comfort under one roof and indulge in the unique mud or mirror pools in our luxurious spa.

### ROOMS

**Comfort:** Luxury air-conditioned non-smoking room with bathroom (bathtub or shower) equipped with LED TV (SAT-TV), 2 telephones, WIFI, safe, minibar, tea/coffee making facilities, hairdryer, bathrobe and daily one bottle of water. Extra beds available.

**Deluxe:** Large luxury air-conditioned non-smoking room with bathroom (bathtub or shower) equipped with LED TV (SAT-TV), 2 telephones, WIFI, safe, minibar, tea/coffee making facilities, hairdryer, bathrobe, daily one bottle of water, welcome gift and turn down service. Extra beds available.

**Suite:** Luxury air-conditioned non-smoking suite with bedroom and living room equipped with bathroom, balcony, LED TV (SAT-TV), Hi-Fi, 2 telephones, WIFI, safe, minibar, tea/coffee making facilities, hairdryer, bathrobe, daily one bottle of water, welcome gift, turn down service, daily newspaper, slippers and bath scale. Extra beds available.

**Deluxe Suite:** Large luxury air-conditioned non-smoking suite with bedroom and living room equipped with bathroom, balcony, LED TV (SAT-TV), Hi-Fi, 2 telephones, WIFI, safe, minibar, tea/coffee making facilities, hairdryer, bathrobe, daily one bottle of water, welcome gift, turn down service, daily newspaper, slippers and bath scale. Extra beds available.

Concierge, luggage service, business center.

With surcharge: room service, laundry service, exchange office, parking, transfers.

### MEDICAL SPA & PREVENTION

The luxurious Irma Health Spa with its unique mud and mirror pool offers over 60 treatments, such as mud packs, thermal mineral baths, individual bubble baths, underwater jet massages, tractions, antispastic kineziotherapy, ergotherapy, mechanotherapy, electrotherapy, individual therapeutic exercise, medical massages. 24/7 access to health care.

### RELAXATION & WELLNESS

Outdoor pool with thermal mineral water, sauna, Premier Fitness Center, Emporium Wellness & Beauty: cosmetic treatments with high-quality cosmetics, manicure and pedicure.

### RESTAURANTS & BARS

In the Grand Restaurant and Salon Hubertus is served excellent international cuisine as well as Slovak specialities. Our menus and buffet selections offer tempting dishes prepared with quality ingredients. These are specially reduced calorie choices, low in fats and sugars that are based on international, vegetarian, organic and local cuisines. We serve gluten and lactose free dishes, as well as special diets upon doctor's recommendation. Coffee and tea specialties as well as delicate wines and cocktails are served in Café Alexander, in Salon Ferdinand and on the beautiful summer terrace. You will find a great selection of slovak and international wines in our wine cellar.



	TRADITIONAL SPA STAY			TRADITIONAL SPA STAY LIGHT			HEALTHY WEIGHT PROGRAM			DELUXE HEALTH PROGRAM			TASTE OF PIEŠTANY			SPANTASTIC RELAX			BED & HALF BOARD		
	Accommodation, full board, doctor examinations, medical report at the end of stay, laboratory tests, up to 24 treatments per week based on doctor's prescription*			Accommodation, full board, doctor examinations, medical report at the end of stay, laboratory tests, up to 18 treatments per week based on doctor's prescription*			Accommodation, full board - special reduction diet, doctor examinations, medical report at the end of stay, laboratory tests, fitness, BMI and WHR check-up, up to 28 treatments per week based on doctor's prescription*			Accommodation, full board, doctor examinations, medical report at the end of stay, laboratory tests, up to 18 treatments per week based on doctor's prescription*			Accommodation, half board, initial medical consultation, 1 to 2 treatments per day depending on the length of stay*			Accommodation, half board, doctor examinations, up to 15 treatments per week based on doctor's prescription*					
Room category	min. 7 nights			min. 7 nights			min. 13 nights			min. 7 nights			2 - 7 nights			min. 7 nights					
	low season	mid season	high season	low season	mid season	high season	low season	mid season	high season	low season	mid season	high season	low season	mid season	high season	low season	mid season	high season	low season	mid season	high season
<b>DBL Comfort</b>	166	180	193	147	164	181	177	190	204	226	242	257	142	156	170	188	204	219	123	138	153
<b>SGL Comfort</b>	216	234	328	192	214	307	229	248	347	294	314	437	185	203	289	245	265	373	159	179	261
<b>DBL Deluxe</b>	180	194	211	161	178	199	191	205	224	243	258	279	157	171	190	205	220	241	139	155	175
<b>SGL Deluxe</b>	235	252	359	209	232	339	249	267	380	316	336	474	204	222	322	266	286	409	181	201	298
<b>DBL Suite</b>	198	220	245	177	204	233	210	233	260	263	289	319	176	199	226	225	251	281	160	185	215
<b>SGL Suite</b>	257	286	417	230	265	397	273	303	442	342	376	542	228	259	384	293	326	478	208	241	366
<b>DBL Deluxe Suite</b>	237	258	298	213	241	286	251	274	316	309	334	381	216	240	281	271	296	343	205	231	277
<b>SGL Deluxe Suite</b>	307	336	506	277	314	486	326	356	536	401	435	647	281	312	478	352	385	583	266	300	471
<b>Extra Bed =</b>	166	180	193	147	164	181	177	190	204	226	242	257	142	156	170	188	204	219	123	138	153

### Free of charge:

- welcome drink
- 5 o'clock tea
- daily one bottle of water in the room
- WIFI in room and hotel public areas
- luggage service
- outdoor swimming pool and Premier Fitness

### Early booking bonus 10% - valid till 28.02.2019

Book your Spa stay for 2019 now and get the Early booking bonus up to 10 %!

Early booking bonus cannot be combined with any other offer!

### Discount for long term spa stays

**min. 21 nights - discount 5%;**

**min. 28 nights - discount 7% (year round)**

Christmas Eve surcharge € 50,00 per person

New Year's Eve surcharge € 125,00 per person

All prices in Euro per person per night

13.01.2019 - 02.03.2019	Low season
03.03.2019 - 13.04.2019	Mid Season
14.04.2019 - 28.09.2019	High Season
29.09.2019 - 02.11.2019	Mid Season
03.11.2019 - 27.12.2019	Low season
28.12.2019 - 11.01.2020	Mid Season

\*Detailed description of spa stays can be found on page 3 - 5.

# HEALTH SPA RESORT ESPLANADE



Spa Island, 921 29 Piešťany  
Tel. +421 33 775 5111  
Fax +421 33 775 5199  
esplanade@spapiestany.sk  
(N 48°35'25.3" E 17°50'49.9")



This 4-star hotel complex is located in lush parkland right in the centre of the Spa Island. Esplanade provides accommodation in 258 guest rooms and suites. Wing Palace offers 198 rooms and suites. The rooms and restaurants underwent reconstructed over the past two years. It is a hotel for all occasions - spa and health care in the directly connected Balnea Health Spa, wellness and relaxation in the Water and Sauna World, culinary delicacies in various restaurants, café with summer terrace, night bar with live music, spacious convention facilities, as well as changing offers of leisure and sport activities.

## ROOMS

### ESPLANADE

**Comfort:** non-smoking room with bathroom (bathtub or shower), balcony, SAT-TV, WIFI, minibar, telephone, safe, hairdryer and bathrobe. Rooms with air-conditioning on request for an additional fee. Extra beds available.

**Premium:** renovated air-conditioned non-smoking room with bathroom (shower), balcony, SAT-TV, WIFI, minibar, telephone, safe, hairdryer, bathrobe.

**Superior Plus:** large air-conditioned non-smoking room with bathroom (bathtub or shower), balcony, SAT-TV, WIFI, minibar, telephone, safe, hairdryer, bathrobe. Extra beds available.

**Premium Plus:** large renovated air-conditioned non-smoking room with bathroom (shower), balcony, SAT-TV, WIFI, minibar, telephone, safe, hairdryer, bathrobe. Extra beds available.

**Comfort Suite:** non-smoking suite with separate bedroom and living room with bathroom, balcony, SAT-TV, WIFI, minibar, telephone, safe, hairdryer and bathrobe. Extra beds available.

**Superior Suite:** air-conditioned non-smoking suite with separate bedroom and living room, 2 bathrooms, balcony, SAT-TV, WIFI, minibar, telephone, safe, hairdryer and bathrobe. Extra beds available.

**Premium Suite:** renovated air-conditioned non-smoking suite with separate bedroom and living room, bathroom, balcony, SAT-TV, WIFI, minibar, telephone, safe, hairdryer and bathrobe. Extra beds available.

**Presidential Suite:** renovated large air-conditioned non-smoking suite with living room and 2 bedrooms, 2 bathrooms, balcony, SAT-TV, WIFI, minibar, telephone, safe, hairdryer and bathrobe. Extra beds available.

### WING PALACE

**Standard:** Air-conditioned non-smoking room with bathroom (bathtub or shower), French balcony, SAT-TV, WIFI, minibar, telephone, safe, hairdryer and bathrobe.

**Superior:** Large air-conditioned non-smoking room with bathroom (bathtub or shower), French balcony, SAT-TV, WIFI, minibar, telephone, safe, hairdryer and bathrobe. Extra beds available.

**Junior Suite:** Large air-conditioned non-smoking room with extending settee, bathroom (shower), SAT-TV, WIFI, minibar, telephone, safe, hairdryer and bathrobe.



### MEDICAL SPA & PREVENTION

The Balnea Health Spa provides high quality treatments with a medical approach. The spa centre was completely renovated in 2014. The natural healing resources are the cornerstones of the Piešťany spa which has become world famous thanks to its modern methods of treating rheumatism and other disorders of locomotive system. In addition to thermal mineral baths with unique sulphurous water we provide a huge variety of healing spa treatments such as mud pack, underwater jet massage, traction, antispastic kinesiotherapy, ergotherapy, mechanotherapy, electrotherapy, individual therapeutic exercise, active rehabilitation treatments and medical massages. 24/7 access to health care.

### RELAXATION & WELLNESS

Water and Sauna World features an indoor/outdoor pool with water attractions such as jacuzzi, massage benches or water fountains, Finnish sauna, infrared sauna, steam bath, solarium and relaxation room. Premier Fitness and beauty salon in Balnea Health Spa.

### RESTAURANTS & BARS

The restaurants offer a pleasant atmosphere. Breakfast, lunch and dinner are served in buffet style. Within the menus guests can appreciate an assortment of healthy, light dishes, low in fat and sugars. We serve gluten and lactose free dishes, as well as special diets upon doctor's recommendation. Coffee, tea and specialities can be enjoyed in Park Café with a summer terrace. More delights are served in Balneo Café.

Concierge, luggage service, library, billiard, bridge and chess tables, business center, ATM, shops.

With surcharge: room service, laundry service, exchange of fice, parking, garage, transfers.



# Health Spa Resort Esplanade\*\*\*\*

WING ESPLANADE	TRADITIONAL SPA STAY			TRADITIONAL SPA STAY LIGHT			HEALTHY WEIGHT PROGRAM			DELUXE HEALTH PROGRAM			TASTE OF PIEŠŤANY			SPANTASTIC RELAX			FOREVER YOUNG WEEK			BED & HALF BOARD		
	Accommodation, full board, doctor examinations, medical report at the end of stay, laboratory tests, up to 24 treatments per week based on doctor's prescription*			Accommodation, full board, doctor examinations, medical report at the end of stay, laboratory tests, up to 18 treatments per week based on doctor's prescription*			Accommodation, full board - special reduction diet, doctor examinations, medical report at the end of stay, laboratory tests, fitness, BMI and WHR check-up, up to 28 treatments per week based on doctor's prescription*			Accommodation, full board, doctor examinations, medical report at the end of stay, laboratory tests, up to 18 treatments per week based on doctor's prescription*			Accommodation, half board, initial medical consultation, 1 to 2 treatments per day depending on the length of stay*			Accommodation, half board, doctor examinations, up to 15 treatments per week based on doctor's prescription*			7 x overnights, half board, doctor examinations, ECG test, up to 12 treatments per week based on doctor's prescription*					
Room category	min. 7 nights			min. 7 nights			min. 13 nights			min. 7 nights			2 - 7 nights			min. 7 nights			7 nights					
	low season	mid season	high season	low season	mid season	high season	low season	mid season	high season	low season	mid season	high season	low season	mid season	high season	low season	mid season	high season	low season	mid season	high season	low season	mid season	high season
 <b>DBL Comfort</b>	108	118	133	100	110	125	133	139	153	177	184	200	98	105	120	149	157	172	94	100	115	92	99	115
<b>SGL Comfort</b>	140	153	199	130	143	188	172	181	229	230	240	299	128	136	181	194	204	258	122	129	173	120	129	172
<b>DBL Premium</b>	128	142	161	114	127	147	151	160	179	198	208	228	119	128	149	170	180	201	114	123	144	113	123	144
<b>SGL Premium</b>	167	184	242	148	165	220	196	208	268	257	270	343	155	167	224	221	234	301	149	160	216	147	160	215
 <b>DBL Superior Plus</b>	128	142	161	114	127	147	151	160	179	198	208	228	119	128	149	170	180	201	114	123	144	113	123	144
<b>SGL Superior Plus</b>	167	184	242	148	165	220	196	208	268	257	270	343	155	167	224	221	234	301	149	160	216	147	160	215
 <b>DBL Premium Plus</b>	139	152	177	120	135	158	160	169	193	208	218	244	129	138	165	180	190	216	125	133	159	123	133	159
<b>SGL Premium Plus</b>	180	197	265	157	175	237	208	220	289	270	284	366	168	180	247	234	248	324	162	173	239	160	173	238
 <b>DBL Comfort Suite</b>	149	162	187	127	142	166	169	179	202	218	228	254	139	149	175	190	201	226	135	144	170	133	144	169
<b>SGL Comfort Suite</b>	193	211	280	166	185	249	220	232	303	284	297	381	181	193	262	248	261	339	175	187	254	173	187	254
 <b>DBL Superior Suite</b>	159	172	197	134	149	174	179	188	211	228	239	264	150	159	185	201	211	237	145	154	180	144	154	179
<b>SGL Superior Suite</b>	207	224	296	174	194	260	232	244	316	297	310	396	195	206	278	261	274	355	189	200	270	187	200	269
 <b>DBL Premium Suite</b>	169	183	207	141	157	181	188	197	220	239	249	274	160	169	195	211	221	247	155	164	190	154	164	190
<b>SGL Premium Suite</b>	220	237	311	183	204	272	244	256	330	310	324	412	208	220	293	274	287	370	202	213	285	200	213	284
 <b>DBL Presidential Suite</b>	241	254	279	189	208	235	253	262	285	310	321	346	232	241	267	283	293	319	227	236	262	226	236	261
<b>SGL Presidential Suite</b>	313	331	419	246	271	353	328	340	427	403	417	519	301	313	401	367	381	478	295	307	393	293	306	392
<b>Extra Bed = </b>	108	118	133	100	110	125	133	139	153	177	184	200	98	105	120	149	157	172	94	100	115	92	99	115

## Health Spa Resort Esplanade\*\*\*\*, Wing Palace

WING PALACE	TRADITIONAL SPA STAY	TRADITIONAL SPA STAY LIGHT	HEALTHY WEIGHT PROGRAM	DELUXE HEALTH PROGRAM	TASTE OF PIEŠŤANY	SPANTASTIC RELAX	FOREVER YOUNG WEEK	BED & HALF BOARD																			
	Accommodation, full board, doctor examinations, medical report at the end of stay, laboratory tests, up to 24 treatments per week based on doctor's prescription*	Accommodation, full board, doctor examinations, medical report at the end of stay, laboratory tests, up to 18 treatments per week based on doctor's prescription*	Accommodation, full board - special reduction diet, doctor examinations, medical report at the end of stay, laboratory tests, fitness, BMI and WHR check-up, up to 28 treatments per week based on doctor's prescription*	Accommodation, full board, doctor examinations, medical report at the end of stay, laboratory tests, up to 18 treatments per week based on doctor's prescription*	Accommodation, half board, initial medical consultation, 1 to 2 treatments per day depending on the length of stay*	Accommodation, half board, doctor examinations, up to 15 treatments per week based on doctor's prescription*	7 x overnights, half board, doctor examinations, ECG test, up to 12 treatments per week based on doctor's prescription*																				
Room category	min. 7 nights			min. 7 nights			min. 13 nights			min. 7 nights			2 - 7 nights			min. 7 nights			7 nights								
	low season	mid season	high season	low season	mid season	high season	low season	mid season	high season	low season	mid season	high season	low season	mid season	high season	low season	mid season	high season	low season	mid season	high season	low season	mid season	high season	low season	mid season	high season
<b>DBL Standard</b>	105	115	130	98	105	120	129	135	149	173	180	196	97	103	119	147	155	170	92	98	110	90	97	113			
<b>SGL Standard</b>	137	150	194	128	137	179	168	176	224	225	234	293	126	134	178	192	201	255	120	127	165	117	127	169			
 <b>DBL Superior</b>	115	127	145	105	114	131	138	146	163	183	193	211	107	115	134	158	167	185	102	110	126	100	110	128			
<b>SGL Superior</b>	150	166	217	137	148	196	180	190	245	238	250	316	139	150	201	205	217	278	133	143	188	131	143	192			
<b>DBL Junior Suite</b>	140	151	176	122	130	153	160	168	191	208	216	242	132	139	165	182	190	216	127	134	156	125	133	159			
<b>SGL Junior Suite</b>	182	196	264	137	148	196	208	218	286	270	281	363	171	180	247	237	248	324	165	174	234	163	173	238			
<b>Extra Bed =</b> 	105	115	130	98	105	120	129	135	149	173	180	196	97	103	119	147	155	170	92	98	110	90	97	113			

### Free of charge:

WIFI in room and hotel public areas  
luggage service  
Water and Sauna World  
Premier Fitness  
with pool, saunas and water bicycles

### Early booking bonus 10% - valid till 28.02.2019

Book your Spa stay for 2019 now and get the Early booking bonus up to 10 %!

Early booking bonus cannot be combined with any other offer!

### Discount for long term spa stays

**min. 21 nights - discount 5%;**

**min. 28 nights - discount 7% (year round)**

Christmas Eve surcharge € 35,00 per person

New Year's Eve surcharge € 95,00 per person

All prices in Euro per person per night

13.01.2019 - 02.03.2019	Low season
03.03.2019 - 13.04.2019	Mid Season
14.04.2019 - 28.09.2019	High Season
29.09.2019 - 02.11.2019	Mid Season
03.11.2019 - 27.12.2019	Low season
28.12.2019 - 11.01.2020	Mid Season

\*Detailed description of spa stays can be found on page 3 - 5.

SPA HOTEL

# GRAND SPLENDID



Spa Island, 921 29 Piešťany  
Tel. +421 33 775 4211  
Fax +421 33 775 4112  
splendid@spapiestany.sk  
(N 48°35'35.5" E 17°50'58.1")



The Spa Hotel Grand Splendid is situated in the northern part of the Spa Island among century old trees. Splendid offers 143 rooms and Grand 161 rooms. This 3-star complex is directly connected to the Balnea Health Spa with a corridor. The guests can enjoy the healthcare, surrounding nature and quiet environment, but also a rich cultural program and music concerts. The hotel is directly connected with the Convention centre and is a perfect place for events and congresses.

## ROOMS

### SPLENDID

**Comfort:** Non-smoking room with bathroom (bathtub), balcony, SAT-TV, WIFI, minibar, telephone, safe, hairdryer and bathrobe. Rooms with air-conditioning on request for an additional fee.

**Suite:** Separate bedroom and living room with bathroom (bathtub), non-smoking, balcony, SAT-TV, WIFI, minibar, telephone, safe, hairdryer and bathrobe. Extra beds available.

### GRAND

**Standard:** Non-smoking room with bathroom (bathtub), balcony, SAT-TV, WIFI, minibar, safe and telephone, hairdryer and bathrobe. Extra beds available.

**Comfort:** Non-smoking room with bathroom (bathtub), balcony, SAT-TV, WIFI, minibar, telephone, safe, hairdryer and bathrobe.

**Suite:** Separate bedroom and living room with bathroom (bathtub), non-smoking, balcony, SAT-TV, WIFI, minibar, telephone, safe, hairdryer and bathrobe. Extra beds available.

**Comfort Suite:** Elegantly furnished non-smoking suite with separate bedroom and living room with bathroom

(bathtub), balcony, SAT-TV, WIFI, minibar, telephone, safe, hairdryer and bathrobe. Extra beds available.

## MEDICAL SPA & PREVENTION

The Balnea Health Spa provides high quality treatments with a medical approach. The spa centre was completely renovated in 2014. The natural healing resources are the cornerstones of the Piešťany spa which has become world famous thanks to its modern methods of treating rheumatism and other disorders of locomotive system. In addition to thermal mineral baths with unique sulphurous water we provide a huge variety of healing spa treatments such as mud pack, underwater jet massage, traction, antispastic kinesiotherapy, ergotherapy, mechanotherapy, electrotherapy, individual therapeutic exercise, active rehabilitation treatments and medical massages. 24/7 access to health care.

## RELAXATION & WELLNESS

Indoor and outdoor swimming pool, indoor pool equipped with massage jets. Premier Fitness and beauty salon in Balnea Health Spa.

## RESTAURANTS & BARS

In the á la carte restaurant Berlin with summer terrace and classic board restaurants - Bratislava, Budapest, Prague, Vienna we offer local and international cuisine. Breakfast is served in buffet style, for lunch and dinner the guests can choose from daily menu, salad buffet. We serve gluten and lactose free dishes, as well as special diets upon doctor's recommendation. Enjoy coffee and delicious drinks in Café Splendid with summer terrace.

Concierge, library, guest computer, card and chess tables, table tennis.

With surcharge: laundry service, exchange office, parking, garage and transfers, tailoring.

	TRADITIONAL SPA STAY			TRADITIONAL SPA STAY LIGHT			TASTE OF PIEŠŤANY			FOREVER YOUNG WEEK			BED & HALF BOARD		
	Accommodation, full board, doctor examinations, medical report at the end of stay, laboratory tests, up to 24 treatments per week based on doctor's prescription*			Accommodation, full board, doctor examinations, medical report at the end of stay, laboratory tests, up to 18 treatments per week based on doctor's prescription*			Accommodation, halfboard, initial medical consultation, 1 to 2 treatments per day depending on the length of stay*			7 x overnights, half board, doctor examinations, ECG test, up to 12 treatments per week based on doctor's prescription*					
Room category	min. 7 nights			min. 7 nights			2 - 7 nights			7 nights					
SPLENDID	low season	mid season	high season	low season	mid season	high season	low season	mid season	high season	low season	mid season	high season	low season	mid season	high season
<b>DBL Comfort</b>	92	98	108	86	91	101	77	82	94	70	74	85	72	77	87
<b>SGL Comfort</b>	120	128	162	111	119	151	101	106	141	91	96	128	93	100	131
 <b>DBL Suite</b>	119	131	146	105	116	130	104	114	132	97	107	123	98	110	125
<b>SGL Suite</b>	155	171	219	137	150	195	135	149	198	126	139	185	128	143	188
<b>Extra Bed</b>	92	98	108	86	91	101	77	82	94	70	74	85	72	77	87
GRAND	low season	mid season	high season	low season	mid season	high season	low season	mid season	high season	low season	mid season	high season	low season	mid season	high season
 <b>DBL Standard</b>	81	87	95	77	83	91	66	70	81	59	63	72	60	66	74
<b>SGL Standard</b>	105	113	142	101	108	136	86	91	121	77	81	108	79	85	111
<b>DBL Comfort</b>	92	98	108	86	91	101	77	82	94	70	74	85	72	77	87
<b>SGL Comfort</b>	120	128	162	111	119	151	101	106	141	91	96	128	93	100	131
 <b>DBL Suite</b>	99	110	121	91	100	111	85	93	107	77	85	99	79	88	100
<b>SGL Suite</b>	129	143	182	118	129	167	110	121	161	101	111	148	103	115	151
 <b>DBL Comfort Suite</b>	106	116	128	95	104	117	91	99	115	84	91	106	85	94	108
<b>DBL Comfort Suite</b>	137	151	193	124	135	175	118	129	172	109	119	159	111	123	161
<b>Extra Bed = </b>	81	87	95	77	83	91	66	70	81	59	63	72	60	66	74

**Free of charge:**

- WiFi in room and hotel public areas
- Premier Fitness
- outdoor and indoor swimming pool

**Early booking bonus 10% - valid till 28.02.2019**

Book your Spa stay for 2019 now and get the Early booking bonus up to 10 %!

Early booking bonus cannot be combined with any other offer!

**Discount for long term spa stays**

**min. 21 nights - discount 5%;**

**min. 28 nights - discount 7% (year round)**

Christmas Eve surcharge € 29,00 per person

New Year's Eve surcharge € 75,00 per person

All prices in Euro per person per night

13.01.2019 - 02.03.2019	Low season
03.03.2019 - 13.04.2019	Mid Season
14.04.2019 - 28.09.2019	High Season
29.09.2019 - 02.11.2019	Mid Season
03.11.2019 - 27.12.2019	Low season
28.12.2019 - 11.01.2020	Mid Season

\*Detailed description of spa stays can be found on page 3 - 5.

# SPA HOTEL PRO PATRIA



Spa Island, 921 29 Piešťany  
Tel. +421 33 775 6211  
Fax +421 33 775 6294  
propatria@spapiestany.sk  
(N 48°35'13.9" E 17°50'37.9")



This beautiful historical spa hotel dating from 1916 is located in the centre of the Spa Island closely to the thermal mineral springs. It was built with an interesting fan-shaped layout and currently offers 119 rooms. The guests can admire the permanent exhibition of the Balneological Museum in the hotel. Situated directly within the hotel is also a balneotherapy center which together with nearby Napoleon Health Spa have barrier-free access.

## ROOMS

**Economy:** Non-smoking room without bathroom and toilet, equipped with SAT-TV, radio, telephone, hairdryer upon request.

**Standard:** Non-smoking room with bathroom (shower), SAT-TV, radio, telephone, hairdryer upon request.

**Comfort:** reconstructed non-smoking room (barrier - free upon request and availability, bathroom (shower) air-conditioning, WIFI, SAT-TV, radio, fridge, telephone, safe and hairdryer.

**Comfort Suite:** newly refurbished non-smoking suites with a separate living room and bedroom, bathroom (with shower) and WC, air-conditioning, WIFI connection, SAT TV, alarm clock, fridge, telephone, safe and hair dryer.



## MEDICAL SPA & PREVENTION

Complete spa therapy using the natural healing resources is provided in Pro Patria Health Spa in the hotel or in nearby Napoleon Health Spa. Based on the natural healing resources we offer a wide range of unique therapeutic treatments such as: mud pack, mud pool, thermal mineral pools, complex rehabilitation, inhalation, electrotherapy, kinesiotherapy, medical massages. 24/7 access to health care.

## RELAXATION & WELLNESS

Hair studio, cosmetic studio, terrace with sunbeds, whirlpool in Napoleon Health Spa.

## RESTAURANTS & BARS

Slovak and international cuisine in Restaurant Sisi and Restaurant Marianna. Breakfast is served in buffet style, for lunch and dinner the guests can choose from daily menu. In addition to the meals we offer a salad buffet. We serve gluten and lactose free dishes, as well as special diets upon doctor's recommendation. Café Franz Josef with summer terrace invites you to relax.

With surcharge: luggage service, guest computer, laundry service, exchange office, central safe, parking, transfers.



	TRADITIONAL SPA STAY		TASTE OF PIEŠŤANY		FOREVER YOUNG WEEK		BED & HALF BOARD	
	Accommodation, full board, doctor examinations, medical report at the end of stay, laboratory tests, up to 24 treatments per week based on doctor's prescription*		Accommodation, half board, initial medical consultation, 1 to 2 treatments per day depending on the length of stay*		7 x overnights, half board, doctor examinations, ECG test, up to 12 treatments per week based on doctor's prescription*			
Room category	min. 7 nights		2 - 7 nights		7 nights			
	low season	high season	low season	high season	low season	high season	low season	high season
<b>DBL Economy</b>	60	65	48	54	45	50	37	49
<b>SGL Economy</b>	70	75	58	64	55	60	47	59
<b>DBL Standard</b>	65	70	54	59	50	56	46	58
<b>SGL Standard</b>	75	80	64	69	60	66	56	68
<b>DBL Comfort</b>	78	87	68	75	66	71	59	72
<b>SGL Comfort</b>	90	99	80	87	78	83	71	84
<b>DBL Comfort Suite</b>	91	99	81	87	78	82	71	84
<b>SGL Comfort Suite</b>	106	114	96	102	93	97	83	96
<b>Extra Bed</b>	60	65	48	54	45	50	37	49

**Free of charge:**

fitness center in Napoleon Health Spa  
computer for guests  
WIFI in rooms and hotel public areas

**Early booking bonus 10% - valid till 28.02.2019**

Book your Spa stay for 2019 now and get the Early booking bonus up to 10 %!

Early booking bonus cannot be combined with any other offer!

**Discount for long term spa stays**

**min. 21 nights - discount 5%;**

**min. 28 nights - discount 7% (year round)**

All prices in Euro per person per night

6.1.2019 – 27.4.2019	Low season
28.4.2019 – 12.10.2019	High season
13.10.2019 – 15.12.2019	Low season
<b>15.12.2019 – 6.1.2020</b>	<b>Closing dates</b>
7.1.2020 – 11.1.2020	Low season

\*Detailed description of spa stays can be found on page 3 - 5.

HOTEL  
**JALTA**  
★ ★

Winterova 58, 921 29 Piešťany  
propatria@spapiestany.sk  
Tel. +421 33 775 3111  
Fax +421 33 775 3194  
(N 48°35'18.2" E 17°50'12.2")



This traditional hotel, built in 1929 in functional style, is situated directly on the pedestrian zone of Piešťany. It offers 67 cosy rooms and is only a few minutes walk from the Spa Island. The hotel summer terrace invites you to relax.

### ROOMS

**Economy:** Non-smoking room without bathroom and toilet, equipped with SAT-TV, balcony, telephone, safe, hairdryer upon request.

**Standard:** Non-smoking room with bathroom (bathtub or shower), SAT-TV, telephone, balcony, fridge, safe, hairdryer upon request. Extra beds available.

**Suite:** Separate bedroom and living room, non-smoking, bathroom (shower), air condition, SAT-TV, telephone, balcony, fridge, safe, radio, hairdryer.

With surcharge: luggage service, laundry service, exchange office, parking, transfers.



### MEDICAL SPA & PREVENTION

Curative healing treatments with unique thermal mineral water and sulphuric mud, as well as medical and regeneration treatments are provided in the Napoleon Health Spa on Spa Island. Based on the natural healing resources we offer a wide range of unique therapeutic treatments such as: mud pack, mud pool, thermal mineral pools, complex rehabilitation, inhalation, electrotherapy, kinesiotherapy, medical massages. 24/7 access to health care.

### RELAXATION & WELLNESS

Summer terrace on the roof.

### RESTAURANTS & BARS

Slovak and international cuisine is served in the restaurant. Breakfast is served in buffet style, for lunch and dinner the guests can choose from daily menu. In addition to the meals we offer a salad buffet. We serve gluten and lactose free dishes, as well as special diets upon doctor's recommendation. Café Excelsior with summer terrace.



	TRADITIONAL SPA STAY	TASTE OF PIEŠŤANY	FOREVER YOUNG WEEK	BED & BREAKFAST
	Accommodation, full board, doctor examinations, medical report at the end of stay, laboratory tests, up to 24 treatments per week based on doctor's prescription*	Accommodation, half board, initial medical consultation, 1 to 2 treatments per day depending on the length of stay*	7 x overnights, half board, doctor examinations, ECG test, up to 12 treatments per week based on doctor's prescription*	
Room category	min. 7 nights	2 - 7 nights	7 nights	
	season	season	season	season
<b>DBL Economy</b>	58	47	44	23
<b>SGL Economy</b>	68	57	54	33
 <b>DBL Standard</b>	63	52	49	28
<b>SGL Standard</b>	73	62	59	38
<b>DBL Suite</b>	71	60	57	36
<b>SGL Suite</b>	89	78	75	54
<b>Extra Bed = </b>	63	52	49	28

**Free of charge:**

fitness center in Napoleon Health Spa  
WIFI in rooms and hotel public areas

**Early booking bonus 10% - valid till 28.02.2019**

Book your Spa stay for 2019 now and get the Early booking bonus up to 10 %!

Early booking bonus cannot be combined with any other offer!

**Discount for long term spa stays**

**min. 21 nights - discount 5%;**

**min. 28 nights - discount 7% (year round)**

All prices in Euro per person per night

<b>1.1.2019 - 2.2.2019</b>	Closing dates
3.2.2019 - 1.12.2019	Season
<b>2.12.2019 - 31.12.2019</b>	Closing dates

\*Detailed description of spa stays can be found on page 3 - 5.

VILA  
**TRAJAN**  
★ ★

Winterova 58, 921 29 Piešťany  
propatria@spapiestany.sk  
Tel. +421 33 775 3111  
Fax +421 33 775 3194  
(N 48°35'18.2" E 17°50'12.2")



The cosy villa is conveniently situated just few steps from the pedestrian zone of Piešťany town and not far from the town symbol - the crutch-breaker. All 27 rooms are designed comfortably with a homely atmosphere. The café with summer terrace is ideal for chilling out and enjoying the park view.

### ROOMS

**Standard:** Non-smoking room with bathroom (bathtub or shower), SAT-TV, safe, telephone, hairdryer upon request. Extra beds available.

**Comfort:** Large non-smoking room with bathroom (bathtub), balcony, fridge, SAT-TV, safe, telephone, hairdryer upon request. Extra beds available.

**Suite:** Separate bedroom and living room with bathroom, non-smoking, SAT-TV, fridge, telephone, safe, hairdryer. Extra beds available.

Check-in und check-out is available in Hotel Jalta.



### MEDICAL SPA & PREVENTION

Curative healing treatments with unique thermal mineral water and sulphuric mud, as well as medical and regeneration treatments are provided in the Napoleon Health Spa on the Spa Island. Based on the natural healing resources we offer a wide range of unique therapeutic treatments such as: mud pack, mud pool, thermal mineral pools, complex rehabilitation, inhalation, electrotherapy, kinesiotherapy, medical massages. 24/7 access to health care.

### RESTAURANTS & BARS

The breakfast, lunch and dinner are served at the Hotel Jalta. In addition to the meals we offer a salad buffet. We serve gluten and lactose free dishes, as well as special diets upon doctor's recommendation.

With surcharge: luggage service, guest computer, laundry service, exchange office, parking, transfers.



	TRADITIONAL SPA STAY	TASTE OF PIEŠŤANY	FOREVER YOUNG WEEK	BED & BREAKFAST
	Accommodation, full board, doctor examinations, medical report at the end of stay, laboratory tests, up to 24 treatments per week based on doctor's prescription*	Accommodation, half board, initial medical consultation, 1 to 2 treatments per day depending on the length of stay*	7 x overnights, half board, doctor examinations, ECG test, up to 12 treatments per week based on doctor's prescription*	
Room category	min. 7 nights	2 - 7 nights	7 nights	
	season	season	season	season
 <b>DBL Standard</b>	65	54	51	30
<b>SGL Standard</b>	75	64	61	40
 <b>DBL Comfort</b>	72	61	58	37
<b>SGL Comfort</b>	82	71	68	47
 <b>DBL Suite</b>	73	62	59	38
<b>SGL Suite</b>	91	80	77	56
<b>Extra Bed =</b> 	65	54	51	30

**Free of charge:**

fitness center in Napoleon Health Spa  
WIFI in rooms and hotel public areas

**Early booking bonus 10% - valid till 28.02.2019**

Book your Spa stay for 2019 now and get the Early booking bonus up to 10 %!  
Early booking bonus cannot be combined with any other offer!

**Discount for long term spa stays**

**min. 21 nights - discount 5%;**

**min. 28 nights - discount 7% (year round)**

All prices in Euro per person per night

1.1.2019 – 2.2.2019	Closing dates
3.2.2019 – 1.12.2019	Season
2.12.2019 - 31.12.2019	Closing dates

\*Detailed description of spa stays can be found on page 3 - 5.

DEPENDANCE  
**SMARAGD**

★ ★  
DEPENDANCE  
**ŠUMAVA**



Winterova 58, 921 29 Piešťany  
propatria@spapiestany.sk  
Tel. +421 33 775 3111  
Fax +421 33 775 3194  
(N 48°35'18.2" E 17°50'12.2")



Dependances Smaragd and Šumava are located closely to Hotel Jalta in the town centre and are only a few minutes walk from the Spa Island. The Dependances are very popular for the homely atmosphere.

## ROOMS

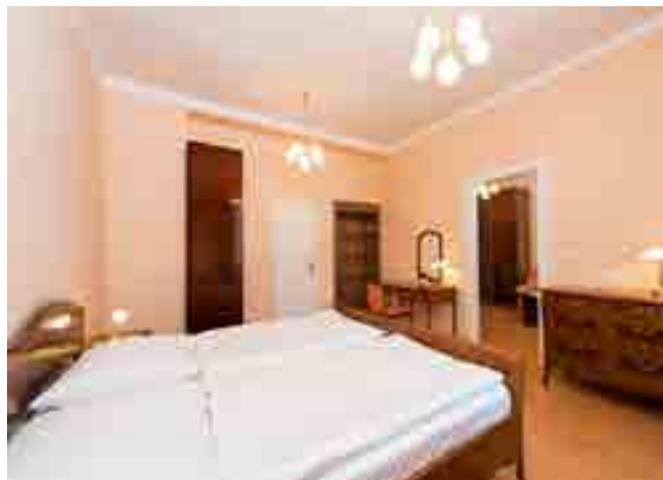
### DEPENDANCE SMARAGD\*\*

**Standard:** Non-smoking room with bathroom (bathtub or shower), SAT-TV, radio, telephone, fridge, safe, hair-dryer upon request.

**Family room:** Separate bedroom and living room, non-smoking, bathroom, hairdryer, SAT-TV, radio, telephone, fridge, safe. Extra beds available.

### DEPENDANCE ŠUMAVA\*\*

**Standard:** Non-smoking room with bathroom (shower), SAT-TV, radio, telephone, fridge, safe, hairdryer upon request.



**Family room:** Separate bedroom and living room, non-smoking, bathroom (shower), hairdryer, SAT-TV, radio, telephone, fridge, safe. Extra beds available.

## MEDICAL SPA & PREVENTION

Curative healing treatments with unique thermal mineral water and sulphuric mud, as well as medical and regeneration treatments are provided in the Napoleon Health Spa on the Spa Island. Based on the natural healing resources we offer a wide range of unique therapeutic treatments such as: mud pack, mud pool, thermal mineral pools, complex rehabilitation, inhalation, electrotherapy, kinesiotherapy, medical massages. 24/7 access to health care.

## RESTAURANTS & BARS

The breakfast, lunch and dinner is served at Hotel Jalta. In addition to the meals we offer a salad buffet. We serve gluten and lactose free dishes, as well as special diets upon doctor's recommendation.

Check-in and check-out is available in Hotel Jalta.

With surcharge: luggage service, guest computer, laundry service, exchange office, parking, transfers.



## Dependance Smaragd\*\*, Dependance Šumava\*\*

	TRADITIONAL SPA STAY	TASTE OF PIEŠŤANY	FOREVER YOUNG WEEK	BED & BREAKFAST
	Accommodation, full board, doctor examinations, medical report at the end of stay, laboratory tests, up to 24 treatments per week based on doctor's prescription*	Accommodation, half board, initial medical consultation, 1 to 2 treatments per day depending on the length of stay*	7 x overnights, half board, doctor examinations, ECG test, up to 12 treatments per week based on doctor's prescription*	
Room category	min. 7 nights	2 - 7 nights	7 nights	
	season	season		season
<b>DBL Standard</b>	54	43	40	29
<b>SGL Standard</b>	64	53	50	39
 <b>DBL Family room</b>	60	49	46	35
<b>SGL Family room</b>	76	65	62	51

### Free of charge:

fitness center in Napoleon Health Spa

### Early booking bonus 10% - valid till 28.02.2019

Book your Spa stay for 2019 now and get the Early booking bonus up to 10 %!

Early booking bonus cannot be combined with any other offer!

### Discount for long term spa stays

**min. 21 nights - discount 5%;**

**min. 28 nights - discount 7% (year round)**

All prices in Euro per person per night

### Smaragd

**1.1.2019 - 2.3.2019** Closing dates

3.3.2019 - 3.11.2019 Season

**4.11.2019 - 31.12.2019** Closing dates

### Šumava

**1.1.2019 - 27.4.2019** Closing dates

28.4.2019 - 3.11.2019 Season

**4.11.2019 - 31.12.2019** Closing dates

\*Detailed description of spa stays can be found on page 3 - 5.

## Health for your child

Trust the experience of our doctors and therapists, who will prepare the right medical treatment program for your child. Our aim is not only to treat the disorders of the musculoskeletal system, but also to prevent diseases and strengthen the health condition of your child by using our balneo-rehabilitation methods.

### COMPLEX MEDICAL SPA STAY FOR CHILDREN

This spa stay is aimed at treatment of musculoskeletal system, neurological system, conditions after injuries or operations, improvement of the health condition and prognosis, as well as prevention of poor posture and spinal disorders.

The recommended length of the stay is 1-2 weeks.

**Accommodation with full board:** buffet breakfast, lunch and dinner

**Doctor and health examinations:** initial and final

**Doctor visit:** 1 x per week

**Medical report at the end of the stay**

**Healing treatments:** individual therapeutic program with up to 18 treatments per week (7 nights) based on child's health and doctor's prescription

**Selection of treatments:** treatments based on natural healing resources, thermal mineral water and sulphur mud, medical massage, individual rehabilitation, group exercises, electrotherapy, phototherapy, parafango, oxygen inhalation, whirlpool

		COMPLEX SPA STAY FOR CHILDREN		FIT FOR KIDS	
		min. 7 nights		min. 7 nights	
Spa Hotel	Room category	child	accompanying person	child	accompanying person
Health Spa Resort Esplanade****	1/2 Standard	89	82	82	82
	1/2 Comfort	91	84	84	84
Spa Hotel Splendid***	1/2 Standard	65	52	59	52
	1/2 Comfort	74	61	68	61



### FIT FOR KIDS

This spa stay is aimed at the prevention of spinal disorders, especially scoliosis, strengthening the muscle and immune system, healthy posture and better fitness.

**Accommodation with full board:** buffet breakfast, lunch and dinner

**Doctor's Consultation**

**Healing treatments:** individual therapeutic children program with up to 10 treatments per week (7 nights) based on child's health and doctor's prescription

**Selection of treatments:** individual thermal mineral bath (2x per week), children group exercises (5x per week), medical massage (1x per week), salt cave (2x per week)

### SPA STAY FOR CHILDREN IN SPA SMRDÁKY

Does your child suffer from skin disease? Try the efficient treatment of skin diseases proven over the years in Spa Smrdáky.

More information at [smrdaky.danubiushotels.com](http://smrdaky.danubiushotels.com) and +421 (0)34 69 59 173

Price for accompanying person includes accommodation with full board (full board is offered for free). All prices in Euro per person per night.

Surcharges, discounts, season and closing periods are published on the hotel pages.

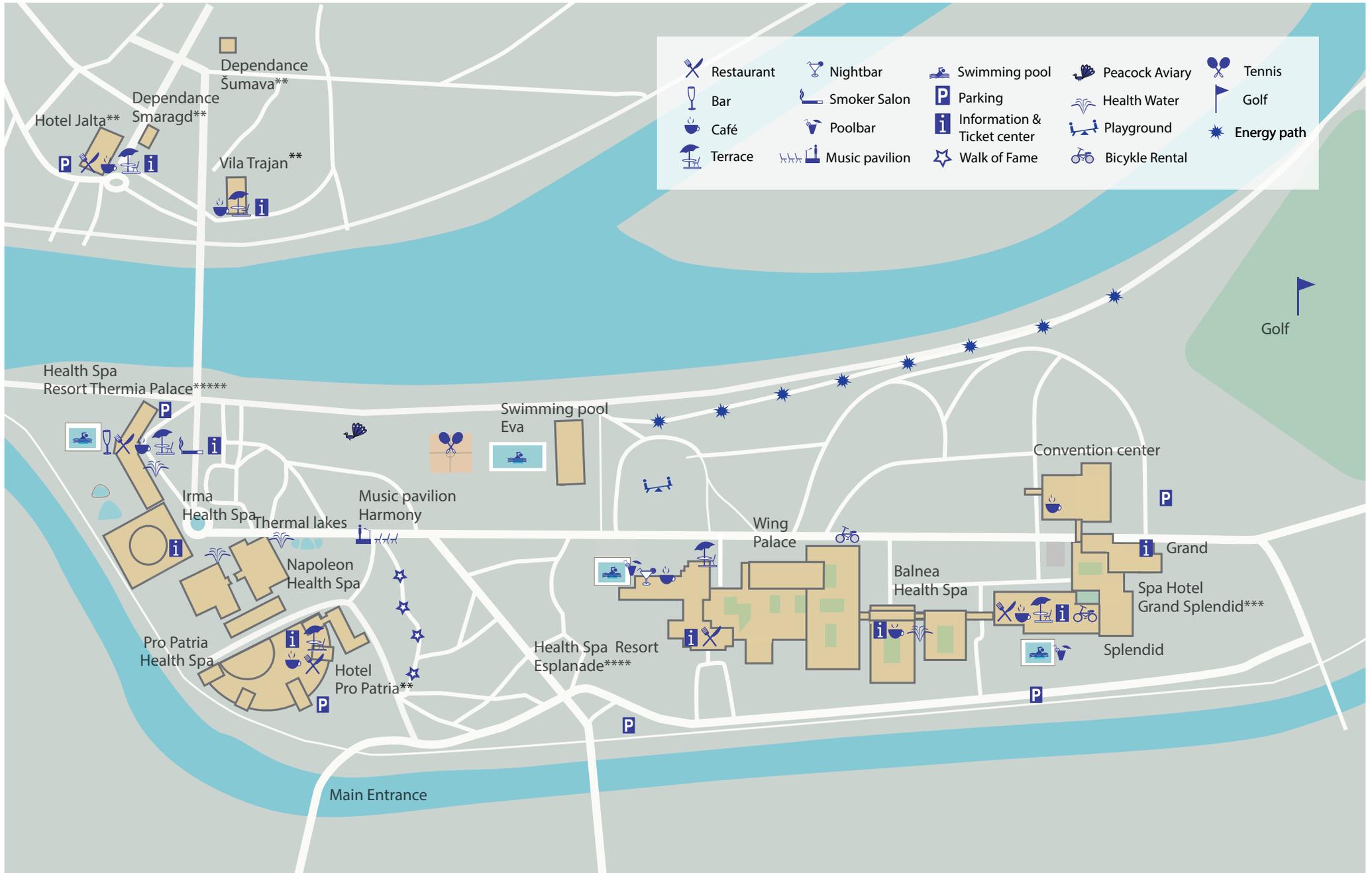
For complex spa stay it is necessary to submit to the spa doctor in advance a medical report of the child's health condition.

### ADVICE

The spa stays are suitable for children aged 6 - 18 years. Children will be treated only with accompanying adult (same gender), present at every treatment.

Children are allowed in the hotel swimming pool only under adult (parent) supervision.

# Spa Island map



# Terms & Conditions

## GIFT VOUCHERS

Treat your dearest with an exceptional gift and give them a voucher for a spa stay or medical treatments in the beautiful surroundings of the Spa Island in Piešťany.

### Gift vouchers for spa stays:

Choose from our varied offer a suitable spa stay and the relevant hotel and after receipt of your payment we will send you the voucher by post. If you cannot choose, buy a voucher worth € 100.00 or more and the recipient of the voucher can choose their spa stay alone. After receipt of your payment, we will send you the voucher by post.

### Gift vouchers for healing treatments:

Choose treatments from our Medical & Spa and Wellness & Beauty price list or buy a voucher worth € 25.00 for the treatment of your own choice. After receipt of your payment we will send you the voucher by post. Ordering vouchers and further information on: [booking@spapiestany.sk](mailto:booking@spapiestany.sk).

## SLOVAK HOLIDAYS

1. January, 6. January, Good Friday, Easter Monday, 1. May, 8. May, 5. July, 29. August, 1. September, 15. September, 1. November, 17. November, 24. - 26. December.

## TERMS AND CONDITIONS

### 1. Price information

1.1 Price includes VAT (0% for spa stays, 20% for B&B and Bed and Halfboard).

1.2 Price may be adjusted in case of changes of valid legislative provisions and rules by the VAT rate specified by law.

1.3 Hotel accommodation with breakfast: includes breakfast (the price includes breakfast for the guests), the package is valid for city hotels Hotel Jalta & Depandances\*\* and Vila Trajan\*\*.

1.4 Hotel accommodation with half-board includes breakfast and dinner, the package is valid for hotels : Health Spa Resort Thermia Palace\*\*\*\*, Health Spa Resort Esplanade\*\*\*\*, Spa Hotel Grand Splendid\*\*\* and Spa Hotel Pro Patria\*\*.

1.5 The first meal of all spa stays included in this price list is a dinner.

1.6 Hotel accommodation on an extra bed within the room can only be provided for a child up to 12.99 years old.

### 2. Additional charges

2.1 Small pet: 15 EUR per night.

2.2. Air-conditioning is available within Komfort rooms in the Splendid wing of the hotel Grand Splendid\*\*\* and Komfort rooms in the Esplanade wing of the hotel Health Spa Resort Esplanade\*\*\*\* during the summer season (01.05. - 30.09.2019). A mandatory fee of 10€/night/ room will be charged.

### 3. Children policy

3.1 Children under 3,99 years of age are accommodated free of charge without bed claim.

3.2 Children in parents room aged 4 to 12,99 receive a 50% discount on Bed & Breakfast rate and board (lunch, dinner).

3.3 Children under 18 will be treated after previous confirmation by spa doctor and only with accompanying adult (same gender).

### 4. Local spa tax for accommodation

4.1 The local spa tax is not included in the price of stay. Hotel will request payment at the amount specified by law upon the client's arrival.

### 5. Vehicles on the Spa Island

5.1 Please note that for motor vehicles on the Spa Island a fee will be charged.

### 6. Medical policy

6.1 Spa treatments are not transferable from person to person.

6.2 All treatments offered in our packages can be provided in any of the health spa facilities of The Slovak Health Spa Piešťany Inc.

6.3 Examinations, diagnostic services and medical treatments that are not included in the ordered package as well as the prescribed medicine are charged according to the valid price list.

6.4 Costs of transport to medical examinations which are not provided in The Slovak Health Spa Piešťany Inc. are accounted for separately.

6.5 The diagnostic services and laboratory tests are provided only on working days.

6.6 The initial medical examination will be provided within 24 hours after arrival. For arrivals on Saturdays the initial medical examination will be provided within 48 hours.

### 7. Check-in / Check-out

Check-in: from 14:00

Check-out: to 11:00

Early check-in and late check-out is in the hotels of The Slovak Health Spa Piešťany Inc. available upon request and at a surcharge as follows:

## TRANSFERS

Slovak Health Spa Piešťany Inc. offers direct transfers from/to airports, railway or bus stations and other locations in Slovakia and neighbouring countries.

Route from Piešťany (prices in EUR)	Car / 4 seats	Minibus / 7 seats	Minibus / 15 seats	Bus / 48 seats
Bratislava	59	115	135	260
Vienna - Schwechat (no VAT applied)	99	170	240	450
Budapest (no VAT applied)	198	340	430	680
Other destination ( unit price without VAT per km)	upon agreement	upon agreement	upon agreement	upon agreement

Early check-in from 8:00 a.m. = 50% of the actual daily rate based on B&B for a single standard room  
Late check-out till 6:00 p.m. = 50% of the actual daily rate based on B&B for a single standard room  
Late check-out after 6.00 p.m. = additional actual daily rate per person / night.

## 8. Closing dates

8.1 Slovak Health Spa Piešťany Inc. reserves the right to set or change the closing dates and to communicate them in timely manner.

8.2 Confirmed reservations will be automatically moved to hotel of the same or higher category without surcharge.

## 9. Insurance

9.1 The rates quoted do not include any insurance.

9.2 Slovak Health Spa Piešťany, Inc. recommends their clients to arrange for their own cancellation-, accident- and medical insurance.

## 10. Cancellation policy

Slovak Health Spa Piešťany Inc. only accepts cancellation in writing. A written cancellation made up to 46 days by individual reservations and 60 days groups reservations prior the planned arrival is free of charge. Unless otherwise agreed, Slovak Health Spa Piešťany Inc. reserves the right to charge a late cancellation fee as follows:

10.1 Cancellation deadlines for **individual** reservations:

Cancellation of requested services within 24 hours after confirmation of reservation is free of charge. We will invoice cancellation fee in amount and under conditions as follows:

45 – 21 days before arrival 30 % of requested services.

20 – 14 days before arrival 50 % of requested services.

13 – 2 days before arrival 75 % of requested services.

2 days before arrival and Non-show 100 % of requested services.

10.2 Cancellation deadline for **groups** reservations:

Cancellation of requested services within 48 hours after confirmation of reservation is free of charge. We will invoice cancellation fee in amount and under conditions as follows:

59 – 30 days before arrival 50 % of requested services

29 – 14 days before arrival 80 % of requested services

13 days before arrival and Non-show 100 % of requested services.

10.3 Unused reserved services

No financial reimbursement is provided for unused reserved services and changes to reserved services during the client's stay (e.g. accommodation, boarding, treatments, transfers).

10.4 Early departure

In case of early departure Slovak Health Spa Piešťany Inc. will charge a cancellation fee in the amount of 100% of unused reserved services.

10.5 Transfer of reservation

SLKP, a.s. will only accept one change to a confirmed reservation. A change of reservation can be made free-of-charge up to 21 days before the original arrival date of the guest. The price of the stay will change according to the valid price list and with the exception of confirmed reservations in high or medium season, SLKP, a.s. will not refund any difference in price. SLKP, a.s. reserves the right to charge a service fee of EUR 65 for each additional change of a confirmed reservation. A change of reservation must be made no later than 7 days before the original ordered and reserved arrival date, otherwise SLKP, a.s. reserves the right to charge a cancellation fee according to the valid cancellation policy (10.1 a 10.2).

10.6 Cancellation or shortening of stay due to health reasons  
Slovak Health Spa Piešťany Inc. accept medical reports only from authorized partners (doctor, hospital).

If the client is contraindicated before or during the spa stay and his treatments cannot be adapted or the spa doctor decides to cancel the spa stay due to infections or epidemic reasons, Slovak Health Spa Piešťany Inc. reserve the right to charge cancellation fee according to Slovak Health Spa Piešťany Inc. cancellation policy. The cancellation fee we will be kept as a deposit for the next spa stay realized within 365 days by the same client. If the client does not arrive within 365 days, Slovak Health Spa Piešťany Inc. reserves the right to keep the paid deposit.

10.7 Death

If a client dies before the arrival date, Slovak Health Spa Piešťany Inc. will refund the full amount of the booked stay to assigned relatives (wife/husband, parents, children). Also the relatives (wife/husband, parents, children) of the client who should have accompanied him, will not be charged any cancellation fee. The client's death certificate must be sent to The Slovak Health Spa Piešťany Inc. If a client dies during his stay in the spa, Health Spa Piešťany Inc. will refund the full amount of the booked stay to assigned relatives. Also the accompanying relatives (wife/husband, parents, children) of the client will not be charged any cancellation fee.

10.8 Disapproval of Visa

Slovak Health Spa Piešťany Inc. will charge cancellation fees according to valid cancellation policy. If client provides an official confirmation about the disapproval of VISA from the Embassy (not from a 3rd party) and following a double-check by Slovak Health Spa

Piešťany Inc. with the embassy, Slovak Health Spa Piešťany Inc. will not charge any cancellation fee.

10.9 Change of the client's name

For individual bookings Slovak Health Spa Piešťany Inc. accept client's name change only in writing and minimum 7 days before beginning of the spa stay.

## 11. Payment conditions

11.1 A full prepayment of the reserved services must be received on the bank account of The Slovak Health Spa Piešťany Inc. latest 14 days prior to guest's arrival.

11.2 Bank fees and charges must be covered by the client.

11.3 If the full payment is not received before arrival, Slovak Health Spa Piešťany Inc. reserves the rights to cancel the reservation according to cancellation policy.

11.4 Reservations received less than 14 days prior to arrival must be guaranteed by a valid credit card and can be cancelled free of charge until 48 hours prior arrival, 6.00 pm (not valid for group bookings and spa stays exceeding 6 nights).

11.5 Payment conditions for groups reservations:

A prepayment in the amount of 20% of the reserved services must be received on the bank account of the Slovak Health SPA Piešťany Inc. within 14 days after fixed confirmation of group reservation.

The rest of the total amount must be paid latest 14 days before arrival. Reservations received less than 14 days prior to arrival must be guaranteed by a valid credit card or be immediately paid to the bank account of Slovak Health SPA Piešťany Inc.

11.6 Bank details

TATRA BANKA, AG Hodžovo námestie 3, 811 06 Bratislava, Slovakia  
Konto: Slovenské liečebné kúpele Piešťany a.s. 2922728005/1100

BiC: TATRSKBX, IBAN: SK52 1100 0000 00 29 2272 8005

Slovenské liečebné kúpele Piešťany a.s.

IČO: 34144790, DIČ: 2020389668

### Individual reservations:

#### Health Spa Resort Thermia Palace\*\*\*\*\*

Tel.: +421 33 775 6677

Fax: +421 33 775 7739

E-mail: thermia@spapiestany.sk

#### Health Spa Resort Esplanade\*\*\*\*\*

Tel.: +421 33 775 5999

Fax: +421 33 775 5199

E-mail: esplanade@spapiestany.sk

#### Spa Hotel Grand Splendid\*\*\*

Tel.: +421 33 775 4999

Fax: +421 33 775 4112

E-mail: splendid@spapiestany.sk

#### Spa Hotel Pro Patria\*\*, Hotel Jalta\*\*, Vila Trajan\*\*, Dependance Smaragd\*\* and Šumava\*\*

Tel.: +421 33 775 3999

Fax: +421 33 775 6294

E-mail: propatria@spapiestany.sk

#### Reservations for travel agencies and group bookings

Tel.: +421 33 775 7760

Fax: +421 33 775 2528

E-mail: partners@spapiestany.sk

### DANUBIUS EUROPOINTS

The Danubius Loyalty program for regular guests offers you much more than the superior quality hotel services and special attention that you have come to expect as standard from Danubius Hotels Group.

### MAKE THE MOST OF YOUR STAY

As a member of the program, every stay in one of our hotels earns you EuroPoints credit points on your regular guest card. These EuroPoint credits can then be exchanged for extra services and benefits in any of our hotels covering:

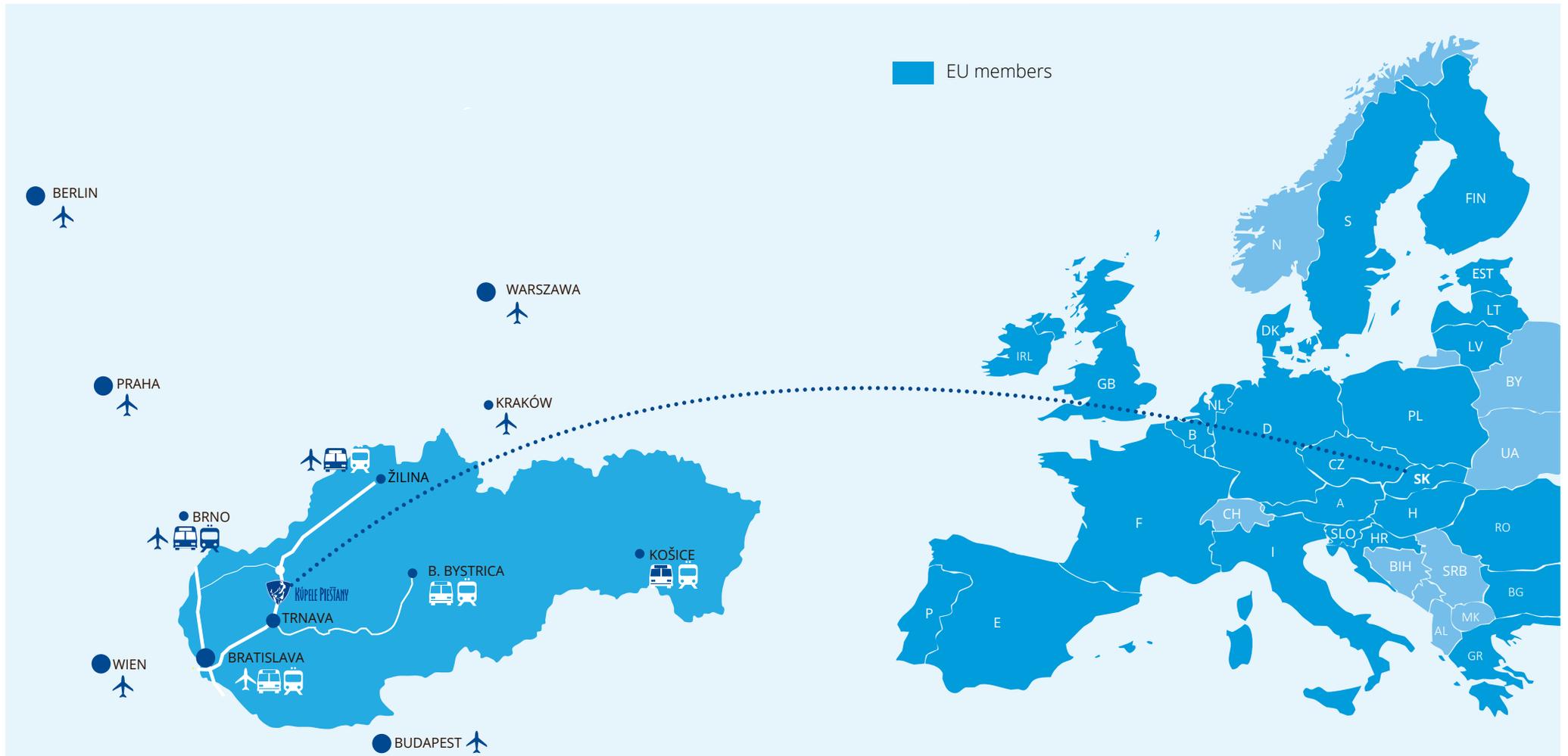
- ▶ Accommodation
- ▶ Dining
- ▶ Wellness, health and medical services
- ▶ Souvenirs

### SOME THINGS COME NATURALLY

A Danubius regular guest card entitles the holder to enjoy special guest benefits. Make your next stay with us even more comfortable and relaxed by upgrading to a higher category room for the standard room rate, or enjoy the luxury of the early check-in/late check-out option for no extra charge (depending on the card type). More information on the hotel reception or at danubius.europoints.com.



# How to get to Health Spa Piešťany



## DISTANCE

Bratislava	80 km
Žilina	120 km
Brno	150 km
Vienna	160 km
Budapest	280 km
Prague	360 km

-  Direct connection to the Spa Island, Railway station in Piešťany
-  Railway station in Piešťany
-  Airport Bratislava, Žilina, Brno, Vienna



HEALTH SPA RESORT  
**THERMIA PALACE**  
\*\*\*\*\*



Spa Island, 921 29 Piešťany  
Tel.: +421 33 775 6111  
Fax: +421 33 775 6199  
thermia@spapiestany.sk

HEALTH SPA RESORT  
**ESPLANADE**  
★★★★



Spa Island, 921 29 Piešťany  
Tel.: +421 33 775 5111  
Fax: +421 33 775 5199  
esplanade@spapiestany.sk

SPA HOTEL  
**GRAND SPLENDID**  
★★★



Spa Island, 921 29 Piešťany  
Tel.: +421 33 775 4211  
Fax: +421 33 775 4112  
splendid@spapiestany.sk

SPA HOTEL  
**PRO PATRIA**  
★★



Spa Island, 921 29 Piešťany  
Tel.: +421 33 775 6211  
Fax: +421 33 775 6294  
propatria@spapiestany.sk

HOTEL  
**JALTA**  
★★



Winterova 58, 921 29 Piešťany  
Tel. +421 33 775 3111  
Fax +421 33 775 3194  
propatria@spapiestany.sk

VILA  
**TRAJAN**  
★★



Winterova 58, 921 29 Piešťany  
Tel. +421 33 775 3111  
Fax +421 33 775 3194  
propatria@spapiestany.sk

DEPENDANCE  
**SMARAGD**  
★★



Winterova 58, 921 29 Piešťany  
Tel. +421 33 775 3111  
Fax +421 33 775 3194  
propatria@spapiestany.sk

DEPENDANCE  
**ŠUMAVA**  
★★



Winterova 58, 921 29 Piešťany  
Tel. +421 33 775 3111  
Fax +421 33 775 3194  
propatria@spapiestany.sk