DANUBIUS HOTELS GROUP

NATURAL HEALTH SPA SMRDÁKY

Slovakia

EXPERTS FOR YOUR SKIN

PRICE LIST 2018

Valid from 21 January 2018 to 14 December 2018

SPA SMRDÁKY

In the picturesque Záhorie region, at the foot of the Carpathian Mountains, in the idyllically rolling countryside among small hills and valleys you will discover Smrdáky.

The small spa town is less than 7 km from the district town of Senica and approximately 80 km from the capital city of Bratislava. A million years ago the prehistoric sea left a precious heritage in the form of mineral water springs with a high content of sulphide and curative sulphide mud. These unique natural curative resources have been well known for hundreds of years and still contribute to good health to many people. Treatment of skin diseases also in conjunction with diseases of the musculoskeletal apparatus.

Nowhere in the world you will find a spa with such high levels of sulphide (origins from the Tertiary period) and sophisticated efficient treatment. It is based on recognised balneo-therapeutic methods, unique concentration of sulphide and the individual approach of the medical staff. Moreover, the spa town offers to the visitors a family atmosphere, peace and tranquillity.

WE ADMIRE YOU, MR . VIETORIS

The history of Spa Smrdáky is inseparably linked with the curative springs located in the local vicinity. Their effects made them widely known not only in Slovakia, but also in the whole former Austria-Hungarian empire. Therefore the local spa industry has nearly a 200 year tradition and welcomes guests from all over the world. The first Spa house was built near the springs by the land owner Jozef Vietoris, Nitra's vice country chairman in 1833. After several reconstructions, the impressive building of the manor (castle) is still functional and with it´s neoclassical portal became the symbol of the Spa. Jozef Vietoris took great care to create a pleasant and comfortable spa environment and atmosphere. Thanks to drainage of the marshland he cleared the space to create the park where he planted precious woods. Today the Spa Park has 16 hectares and is a favourite place for the Spa guests to relax.

SULPHIDE MINERAL WATER

A hydrological survey made between 1950 –1956 significantly contributed to the development of the spa industry and opened up modern history of the Spa. Two new springs of hydrogen sulphide water Jozef I. and Jozef II. were discovered, both of which are sources of mineral water with high content of sulphide up to 680 mg and with a total content of 3400 mg of mineral substances per litre.

The mineral water is characterised by a distinctive hydrogen sulphide odour but it relieves pain, heals and revitalises. Every year more than 4300 guests from all over the world recognise it's healing power and most of them usually return because of its extraordinary effects.

SULPHUROUS MUD

The unique natural sulphurous healing mud originates from the flow of sulphide mineral water through loess soil. After extracting the mud is stored in a special pool where it matures for one year under the layered sulphide mineral water.

The preparation process ends in „a mud kitchen", from where it goes to the guests. It has a special consistency allowing thermal durability, it cools down 4-times slower than water and warms even deep body structures.

Treatment in Spa Smrdáky

TREATMENTS

The treatment programme takes place under the supervision of experienced doctors. After the initial medical check, an individual treatment plan is prepared for you which reflects your personal health problems. During the treatment, your health and progress with treatments is regularly checked by the doctor. The recommended length of the spa stay is 2–4 weeks. The objective is to close coetaneous manifestations, to achieve an improvement on movement and to achieve long term remission, a period without any symptoms of the disease. It is also important to achieve the feeling of improved well being and to improve mental and physical health that will ultimately contribute to the improvement and quality of your life.

THE PRIMARY THERAPEUTIC TOOLS ARE THE INDIVIDUAL MINERAL BATH AND MUD WRAPS

During the mineral bath the sulphide goes through the skin into the body, it also has anti-inflammatory healing effects and a positive effect upon immunological changes. It calms the irritated skin and improves its elasticity. The procedure lasts for 10-15 minutes followed by dry wrap and rest. The individual approach of the doctor is very important, he will determine not only the water temperature and length of the bath but also the concentration of sulphide in the mineral bath, keeping in mind each individuals health. In order to optimize the effects, the bath is accompanied by mineral hand and leg baths using a higher concentration of mineral water.

Partial or total mud wraps reduce local swelling around joints, reduce tensions in muscles and improve nutrition of cartilages, connective tissue and intervertebral discs. They strengthen anti-inflammatory activity and immune processes in the body. Mud temperature is from 43 to 45 ^{0}C, it is applied on specific parts of the body with the whole procedure lasting for 20 minutes.

WHAT ELSE CAN YOU EXPECT FROM US?

In addition to mineral baths, mud and paraffin wraps you can also use other treatment procedures. They will help you to complete your basic treatment in order to achieve the highest healing effect, rest and at the same time regeneration of your body and soul.

PHOTOTHERAPY

During summer months we use the natural solarium for tanning. In case of bad weather and during the winter season we provide the up-to-date narrow spectral forms of application of ultraviolet radiations which belong to the most efficient tools for treatment of psoriasis, eczema and other skin diseases. They also have the smallest negative long-term accompanying effects of tanning by ultraviolet devices.

Natural solarium, sun-lamp, narrow spectral forms of ultraviolet radiation - UVB, UVA, UVB 311 nm (the abbreviation UV means "ultraviolet", i.e. radiation above the violet colour of the spectrum, A or B means part of UV radiation, number indicates the wavelength), SUP- selective ultra-phototherapy (a selected part of UV spectrum between the parts A and B).

LOCAL TREATMENT

Special creams, oils and tinctures with healing component prescribed by our doctors remove symptoms of skin diseases, lubricate the skin, add elasticity, restore its flexibility and help to eliminate itching.

PHYSIOTHERAPY

Therapeutic exercises led by a professional physiotherapist are another key part of the healing process. The exercises include active and passive movements, overall mobilisation, training of correct breathing in conjunction with training of stability, strength and flexibility.

Individual therapeutic exercise, Group therapeutic exercise, Partial medical massage, Segment and connective tissue massage, Individual exercise - soft techniques, Ultrasound therapy, Foot reflex massage.

KNEIPP THERAPY

It is based upon the effect of alternating warm and cold water on the body. You should not miss a stimulating and intensive procedure – Scottish spray. It releases stiff muscles, hardens the body, helps to improve the immune system, blood circulation and metabolism and leaves an overall rejuvenating feeling. Alternating leg bath, the so called "stepping bath" has a positive effect on headaches, the electrotherapy relieves pain, strengthens muscles, improves blood circulation.

ELECTROTHERAPY

Therapy uses a variety of electric currents and their combinations, application of galvanic current, one-way impulse currents, two-poles mid-range currents, TENS currents, middle frequency myostimulation and classical quadru-poles interference with the vector or without it. Depending on frequency, intensity and other parameters, the electrotherapy relieves pain and improves blood circulation and nutrition of tissues.

Interferential currents operate on the principle of combination of effects (interference) of two currents with the middle frequency in the tissue. The advantage of this method is an improved way to overcome resistance in the skin tissue and to achieve deeper skin penetration. The procedure improves blood circulation, counteracts aching muscles by nerve stimulation.

Diadynamic currents use the joint effect of two currents (one constant - galvanic, the second - pulse), which mixing over themselves (dia means over) improve blood circulation in tissues and act against pain.

Neurodyn is a device which allows application of various types of electrotherapy (interference and diadynamic currents, galvanic current) and TENS (transcutaneous electroneuro-stimulation). It uses the principle of mitigation and suppression of pain perception through nerves stimulation.

Fyziomag uses healing effects of the magnetic field on biological tissues. As the result blood circulation is improved, there is reduction of pain and inflammation and relief of painful stiffness of muscles.

What we heal

SKIN DISEASES

Psoriasis, atopic dermatitis – eczema, chronical skin diseases, seborrhoeic dermatitis, prurigo, ichthyosis, rosacea, status after burns, acne, sclerodermia and others.

DISEASES OF MUSCULOSKELETAL SYSTEM

Psoriatic artritis, rheumathoid artritis, osteoarthrosis, vertebrogennic algic syndrome or Bechterev disease.

WHO IS THE TREATMENT NOT SUITABLE FOR?

Bronchial asthma, epilepsy, infectious diseases, malignant processes, acute psychosis and thrombophlebitis, unstable diabetes, severe cardiovascular diseases, pregnancy, incontinence, immobile or hardly mobile patients.

DIAGNOSTIC TESTS

Basic laboratory tests: basic examination of urine, blood glucose, urine acid, total cholesterol, AST, ALT, GMT, blood count, FW - sedimentation.

Extensive laboratory tests: basic examination of urine, urine sediment, blood glucose, total cholesterol, LDL cholesterol, HDL cholesterol, TGL - tria-cylglycerols, total bilirubin, AST, ALT, GMT, alkaline phosphatase, calcium, phosphorus, urea, creatinine, urine acid, blood count, differentiated leukogram, FW - sedimentation.

EXAMINATIONS

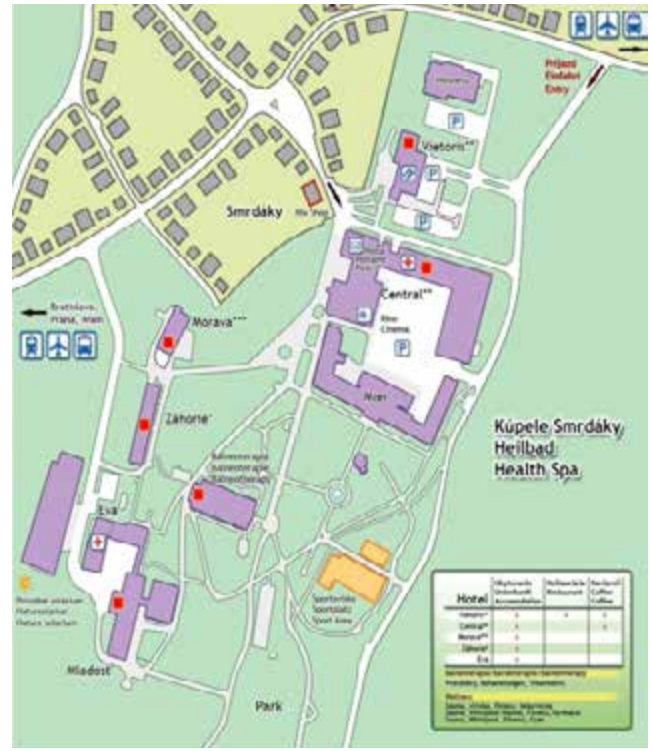
Initial Doctor's Check up: complex medical examination included in the packages of the health spa stays focuse on identifying the accurate diagnosis of the guest, determination of the treatment plan and prescription of treatment procedures.

Doctor's Consultation: only for confirmation of the health indication of the offered relaxation programme. In case of medical contraindications in some of the treatments, the doctor will prescribe an adequate treatment programme.

Doctor's Control: evaluation of the course of treatment required and any alterations to the prescribed treatments. A weekly check-up examination for therapeutic stays of over two weeks. Additional examinations can be arranged based on an extra individual fee.

Examinations, diagnostics and medical treatments beyond those specified in the stay package and medical prescriptions are not included in the price of the stay and can be purchase at an additional cost as per the valid price list. If diagnosis or laboratory tests require transfer outside of the Natural Health Spa Smrdáky, the patient will bear all cost of the transfer. Diagnostic and laboratory tests are only available on normal working days.

Final Doctor's Check up: initial medical examination: evaluation of the results of the therapeutic spa stay, detailed written report with recommendations for the attending physician; the report will be produced in the guest's choice of language, in either Slovak, German or English.



Treatments based on our unique curative water which contains hydrogen sulphide and on our sulphuric mud are provided in Balneotherapy which is located in the beautiful spa park area.

Do not let your child suffer

Does your child suffer from skin disease? Try the efficient treatment of skin diseases proven over the years – psoriasis, atopic dermatitis - eczema, chronical skin inflammations, prurigo, ichtyosis, rosacea, conditions after burns, acne, scleroderma. The experience of our doctors and therapists bring relief and positive results to your child and to the whole family. We provide a complex treatment and care for children from 3 to 18 years of age; children up to 6 years of age have to be accompanied by a parent or a responsible person.

HOW WE DO THE TREATMENT

According to the state of health and recommendation of the doctor during the initial examination, we will prepare an individual treatment plan for your child consisting of optimum treatment plan. The treatment is based on sulphide mineral baths or partial mineral hand and foot baths.

We use potassium permanganate, baths with additives and bubble baths that also have positive results. The length of the bath is determined according to the age, physical condition of the child and the current state of their skin disease. Equally important is also the local treatment provided by creams, oils or oil tinctures.

A part of treatment for atopic eczema, psoriasis and acne is the use of ultraviolet radiation depending upon the individual skin photo type of the young patient. Care must be taken to introduce the ultraviolet treatment gradually with small increases to avoid burning and to protect areas with spots. Treatment to children suffering from burns is completed with special massages to the affected areas.

COMPLEX SPA STAY FOR CHILDREN

The stay includes:

Accommodation with full board – breakfast, lunch and dinner; special diet recommended by the doctor

Initial and Final Doctor's Check Up focused on skin diseases or diseases of locomotive apparatus; initial medical examination, prescription of individual therapeutic program, final medical examination, medical report including suggestions for future treatments, 24 – hour medical emergency and nurse service

1 Doctor's Control per week

Therapeutic treatments - the therapy programme is based on unique natural sources - hydrogen sulphide mineral water and sulphurous mud treatment; hydrotherapy, phototherapy, special rehabilitation and reflex massage, lector therapy, treatment with creams and others. Dependant on the diagnosis and doctor's prescription up to 15 treatments per week = 7 night stay or 12 treatments = 6 night stay. Treatment days are Monday - Saturday

Daily programme of leisure and cultural activities

Medical Spa Stays

INTENSIVE SPA STAY

This spa stay is suitable for guests with both skin diseases and also locomotive apparatus diseases with a recommended length of the stay 1 - 2 weeks. The complete natural healing program is very intensive and not suitable for guests with heart disease, the elderly with frail health.

The stay includes:

Accommodation with full board
buffet breakfast, lunch and dinner; dietary food upon doctor's recommendation

Initial and Final Doctor´s Check Up
focused on skin diseases or diseases of locomotive apparatus; initial medical examination, prescription of individual therapeutic program, final medical examination, medical report including suggestions for future treatments, 24-hours medical emergency and nurse service

1 Doctor's Control per week

Therapeutic treatments
individual therapy programme aimed to maximise the best results in the shortest time frame. The therapy programme is based on unique natural sources - hydrogen sulphide mineral water and sulphurous mud treatment; hydrotherapy, phototherapy, special rehabilitation and reflex massage, treatment with creams and others. Dependant on the doctor's prescription, up to 30 treatments per week = 7 night stay or 25 treatments = 6 night stay. Treatments are provided from Monday to Saturday

Free entrance to the fitness, gym and group exercises in Regeneration centre

Various daily leisure and cultural activities

COMPLEX SPA STAY

This spa stay is suitable for guests with both skin diseases and also locomotive apparatus diseases with a recommended lenght of stay 2 - 3 weeks. The length of stay enables the immune system to recover and go into remission. This flexible spa stay allows a varied number of treatments dependant upon the guests physical condition.

The stay includes:

Accommodation with full board
buffet breakfast; lunch and dinner; special diet recommended by the doctor

Initial and Final Doctor´s Check Up
focused on skin diseases or diseases of locomotive apparatus; initial medical examination, prescription of individual therapeutic program, final medical examination, medical report including suggestions for future treatments, 24-hours medical emergency and nurse service

1 Doctor's Control per week

Therapeutic treatments - individual therapy programme aimed to maximise best results in short time frame. The therapy programme is based on unique natural sources – hydrogen sulphide mineral water and sulphurous mud treatment; hydrotherapy, phototherapy, special rehabilitation and reflex massage, treatment with creams and others. Dependant on the diagnosis and doctor's prescription up to 15 treatments per week = 7 night stay or 12 treatments = 6 night stay. Treatments are provided from Monday to Saturday

Various daily leisure and cultural activities

Free entrance to the fitness, gym and group exercises in Regeneration centre

TASTE OF SMRDÁKY

For those who wish to escape from the stress of everyday life and to absorb new energy, we offer various programmes to assist you to relax and regenerate yourself. One of the most popular stays is 'Taste of Smrdaky' designed uniquely for those looking for complete rest and relaxation in a quiet environment; or for other reasons, those searching healing powers from natural resources.

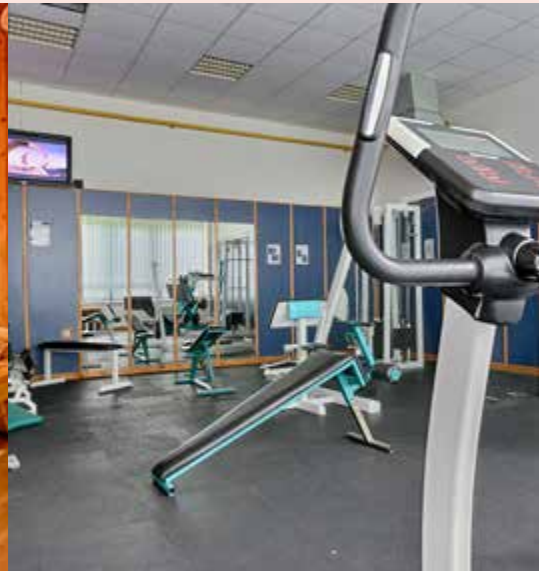
The stay includes:

Accommodation with half board - buffet breakfast, dinner; special diet recommended by the doctor

Doctor's Consultation

Relaxation treatments - the programme includes up to 2 treatments per night based on the doctor's prescription

Daily programme of leisure and cultural activities



HEALTHY SKIN

Do you need to regenerate tired and stressed skin and at the same time relax your whole body? Or are you looking to prevent skin diseases or to regenerate mature or problematic skin? We choose the relaxing break, Healthy Skin for you. Apart from the medical and relaxing treatments, the stay also includes a dermatoscopic check-up and removal of anomalies from the skin. The recommended length of stay to achieve the expected results is at least 6 nights.

The stay includes:

Accommodation with half board – buffet breakfast, dinner; special diet recommended by the doctor

Doctor's Consultation

Individual therapeutic programme with up to 9 treatments per 6 nights based on the doctor's presription including additional therapeutic programme :

1x dermatoscopic check-up and medical advice
1x skin cryotherapy
1x detox honey massage or Indian anti-stress massage

Free entrance to the fitness,
gym and group exercise in Regeneration centre

Daily programme of leisure and cultural activities

Price list

		MEDICAL SPA STAYS						PREVENTIVE AND RELAX SPA STAYS						BED & BREAKFAST			COMPLEX SPA STAY FOR CHILDREN	
		INTENSIVE SPA STAY			COMPLEX SPA STAY			TASTE OF SMRDÁKY			HEALTHY SKIN							
		min. 6 nights			min. 6 nights			min. 2 nights			min. 6 nights						min. 6 nights	
Hotel	**Room category**	Low Season	Mid Season	High Season	Low Season	Mid Season	High Season	Low Season	Mid Season	High Season	Low Season	Mid Season	High Season	Low Season	Mid Season	High Season	Child	Accompanyig person
Centrál* **	**1/1 Superior**	77	82	87	65	70	75	63	68	73	60	65	70	54	59	64		
Centrál* **	**1/2 Superior**	66	71	76	54	59	64	52	57	62	49	54	59	40	45	50	58	30
Vietoris* **	**1/1 Superior**	77	82	87	65	70	75	63	68	73	60	65	70	54	59	64		
Vietoris* **	**1/2 Superior**	66	71	76	54	59	64	52	57	62	49	54	59	40	45	50	58	30
Morava* **	**1/1 Standard**	73	78	83	61	66	71	58	63	68	56	61	66	50	55	60		
Morava* **	**1/2 Standard**	62	67	72	50	55	60	47	52	57	45	50	55	37	42	47	51	24
Záhorie*	**Economy**	49	54	57	37	42	45	34	39	42	32	37	40	20	26	29	51	20
1/2 Children's Sanatorium Eva*														20	26	29	51	22

Surcharge for suite in hotels Morava and Vietoris is 26 €/suite/night.
Surcharge for Superior PLUS rooms in the Hotel Vietoris is 10€/night/room
Surcharge for lunch/dinner is 8 €.

***EARLY BOOKING DISCOUNT:** 10% discount for reservation received up to 90 days prior to arrival and additional 500 Danubius Europoints for stays longer than 14 nights.

BONUS FOR LONG TERM STAYS 21 NIGHTS - DISCOUNT 5%; 28 NIGHTS - DISCOUNT 7%

- Hotel acommodation including breakfast.
- With booking our „Complex spa stay for children" the price for accompanying person includes accommodation with full board (full board is offered for free).
- The first meal of all spa stays included in this price list is a dinner.
- The Complex spa stay for children is bookable without accompanying adult in Eva - Children's sanatorium only.
- Natural Health Spa Smrdáky reserves the right to set closing dates and to communicate them in timely manner. Confirmed reservations will be automatically moved to hotel of the same or higher category without surcharge.
- Price is per person per night and includes VAT (0% for spa stays, 20% for B&B).
- Price may be adjusted in case of changes of valid legislative provisions and rules by the VAT rate specified by law.
- Local tax for accommodation is not included in the price of stay. Hotel will request payment in the amount specified by law upon the client's arrival.

Low Season
21.01. – 17.03.2018
21.10. – 14.12.2018

Mid Season
18.03. – 26.05.2018
02.09. – 20.10.2018

High Season
27.05. – 01.09.2018

Slovak bank holidays
1.1.2018, 6.1.2018
30.3.2018 (Good Friday)
2.4.2018 (Easter Monday)
1.5.2018, 8.5.2018
1.5.7.2018
29.8.2018
1.9.2018, 15.9.2018
1.11.2018, 17.11.2018
24.12.- 26.12.2018
(Christmas)

Cancellation policy

Natural Health Spa Smrdáky only accepts cancellation in writing. A cancellation free of charge is accepted up to 21 days prior the planned arrival. Unless otherwise agreed, Natural Health Spa Smrdáky reserves the right to charge a late cancellation fee as follows:

Number of days before arrival / Spa stays / Bed & Breakfast
20 – 14 days before arrival 30% of requested services
13 – 4 days before arrival 50% of requested services
3 days before arrival 70% of requested services

No financial reimbursement is provided for unused reserved services and changes to reserved services during the client's stay (e.g. accommodation, boarding, treatments).
In case of early departure Natural Health Spa Smrdáky will charge a cancellation fee in the amount of 70% of unused reserved services.

Additional charges

- Extra bed: Double room rate per person per night according to valid price list
- Small pets: 11 EUR/ night in selected Dependance Záhorák accommodation.
- Double room for single occupancy: 25 EUR surcharge on single room rate per night

Arrival/Departure

Check-in: from 14:00
Check-out: to 11:00
Early check-in or late check-out is available upon request and extra surcharge.

Children policy

Children under 4 years of age are accommodated free of charge in parents room.
Children aged 4 to 13 receive a 50% discount on Bed & Breakfast rate and board (lunch, dinner) in parents room.

Medical policy

- Treatments are not transferable from person to person.

Insurance

Quoted rates do not include any insurance. Natural Health Spa Smrdáky recommends their clients to arrange a cancellation, accident and medical insurance on their own.

Transfers

Natural Health Spa Smrdáky offers direct transfers from/to airports, railway or bus stations and other locations in Slovakia and neighbouring countries. Transfer rates are available upon request.

Payment conditions

A full prepayment of the reserved services must be received on the bank account of Natural Health Spa Smrdáky latest 14 days prior to guest's arrival. Bank fees and charges must be covered by the client.
If the full payment is not received before arrival, Natural Health Spa Smrdáky reserves the rights to cancel the reservation according to the cancellation policy.
Reservations received up to 14 days prior to arrival must be guaranteed by a valid credit card and can be cancelled free of charge max. up to 48 hours after booking, to 6.00 p.m. (not valid for group bookings).

Bank details

TATRA BANKA, INC.
Hodžovo námestie 3, 811 06 Bratislava, Slovensko
Bank account:
Slovenské liečebné kúpele Piešťany, a.s.
2922728005/1100
BIC: TATRSKBX IBAN: SK52 1100 0000 00 29 2272 8005

Genereal Terms and Conditions can be found on our website **smrdaky.danubiushotels.com**

DANUBIUS EuroPoints

The Danubius Loyalty program for regular guests offers you much more than the superior quality hotel services and special attention that you have come to expect as standard from Danubius Hotels Group.

MAKE THE MOST OF YOUR STAY

As a member of the program, every stay in one of our hotels earns you EuroPoints credit points on your regular guest card. These EuroPoint credits can then be exchanged for extra services and benefits in any of our hotels covering:

- Accommodation
- Dining
- Wellness, health and medical services

SOME THINGS COME NATURALLY

A Danubius regular guest card entitles the holder to enjoy special guest benefits. Make your next stay with us even more comfortable and relaxed by upgrading to a higher category room for the standard room rate (subject to availability), or enjoy the luxury of the early check-in/late check-out option for no extra charge (silver or gold card).

More information on the hotel reception or at danubiuseuropoints.com

DEPENDANCE MORAVA

★ ★ ★

GPS: N 48° 43' 14.31", E 17° 18' 6.53"

Dependance Morava is situated on a small hill and similarly to other places in the spa surrounded by beautiful park. We can offer you accommodation in 40 pleasant hotel rooms. During the season you can enjoy À la carte restaurant Morava with Café and summer terrace.

COMFORT - comfortable room with bathroom (shower), SAT - TV, Wi-Fi, telephone, radio and fridge. Most of the rooms have a small balcony.

SUITE – separate bed- and living room, bathroom (shower), SAT - TV, Wi-Fi, telephone, radio, fridge, hairdryer and minibar upon request. Most of the suites are equipped with a small balcony.

HOTEL CENTRÁL

★ ★ ★

GPS: N 48° 43' 16.02", E 17° 18' 11.92"

Right in the centre of the spa area, only several steps from the bus stop we can offer you accommodation in 36 rooms in the Spa Hotel Centrál. There are outpatient departments, with doctors and treatment room, rehabilitation centre, central reception, information office, library, souvenir shop, safe, fax, internet corner and wifi connection, rental of sport equipment, hairdresser, cosmetic saloon, pedicure and post office. Dance evenings are regularly organised for dance lovers in the café with live music. Cinema fans can enjoy the cinema in the hotel Centrál.

STANDARD - room with bathroom (bathtub), SAT - TV, Wi-Fi, telephone, radio and fridge.

SUPERIOR - comfortable room with bathroom (shower), SAT - TV, Wi-Fi, telephone, radio, fridge, hairdryer, minibar upon request.

HOTEL VIETORIS

★ ★ ★

GPS: N 48° 43' 18.84", E 17° 18' 13.58"

The Hotel Vietoris is named after the founder of the spa Jozef Vietoris and offers comfortable accommodation in 30 rooms. The hotel has also a restaurant and lobby bar with summer terrace. Do not forget to enjoy the local speciality, a Smrdaky roll, is prepared for you with love by chefs and confectioners.

STANDARD – room with bathroom (shower), SAT - TV, Wi-Fi, radio. Most of the rooms have a small balcony.

SUPERIOR – comfortable room with bathroom (shower), SAT -TV , Wi-Fi, telephone, radio, fridge, hairdryer, balcony, minibar upon request.

SUITE – separate bedroom and living room, bathroom (shower), SAT -TV, Wi-Fi, telephone, radio, fridge and hairdryer, minibar upon request. Most of the rooms have a small balcony. Most of the suites have a balcony.

SUPERIOR PLUS– comfortable renovated room with balcony, equipped with modern furniture, bathroom with shower. Equipment includes TV-SAT, Wi-Fi, fridge, telephone, hairdryer, safe, air-condition, minibar upon request.

CHILDREN'S SANATORIUM EVA

GPS: N 48° 43' 9.71", E 17° 18' 4.75"

The specialised Children's sanatorium Eva provides everything that your child needs all in one place for their optimum therapeutic stay – accommodation, treatment rooms and balneotherapy, gym, lounge with SAT-TV and PC and elementary school. A 24-hour service is provided by nurses and doctors; along with educational supervision.

ECONOMY – rooms for children aged 3-18 years with washbasin. Each floor is equipped with a communal shower and toilet.

STANDARD – room with bathroom (shower) for children with accompanyig person. SAT - TV and fridge.

DEPENDANCE ZÁHORÁK

GPS: N 48° 43' 11.92" , E 17° 18' 6.59"

Separate guest house with apartment ideal for family with children. Pets are allowed.

STANDARD – room with bathroom (bathtub), SAT – TV, radio, telephone, fridge and hairdryer.

DEPENDANCE ZÁHORIE

GPS: N 48° 43' 12.42", E 17° 18' 5.68"

Dependance Záhorie located in the middle of park offers accommodation in 48 single and double rooms.

ECONOMY – room with washbasin, SAT - TV, Wi-Fi and fridge. Each floor is equipped with a communal shower and toilet. Most rooms have a balcony. Hairdryer upon request. Most of the rooms have a small balcony.

Services not only for leisure time

REGENERATION CENTRE

Smiles and enthusiasm! Relief and perfect relaxation is offered to you in the Fitness & Sauna Regeneration centre. The world of massages will surprise you with relaxing, refreshing and exotic massages. If you would like to exercise to improve your health, visit the gym or one of the group sports classes with an instructor (aerobics, zumba, exercise with the flexibar). Finally, strengthen your body and immune system in the Finnish sauna or refresh yourself in the whirlpool.

GASTRONOMY

Based on the doctor's recommendations we can offer a balanced diet for up to 120 guests in Vietoris restaurant. Excellent food is an important part of your healing process. Rich buffet breakfast with a 'bio corner'; lunch and dinner, À La Carte menu, all types of food of the highest level to suit all diets.
A pleasant part of the Dependence Morava is À la Carte restaurant with a café and summer terrace. The restaurant has a capacity of 60 people and our team of chefs and waiters will spoil you with Slovak delicacies and international cuisine of the highest level, together with the regular tasty dishes from the special culinary calendar. We will serve you delicious wine not only from the Záhorie region but also from abroad.

CULTURE AND ENTERTAINMENT

We are all different and all have varying ways to amuse ourselves and to relax. Upon arrival our personnel from the information office will provide you with the cultural programme and a list of events; including health and lifestyle lectures, theatre shows, exhibitions, popular dancing, traditional food tasting and drinks and other events. If you would like to travel to the surrounding towns, we will be pleased to arrange theatre, cinema or gallery visits. The "Opening of the Summer Spa Season" or "Vintage" is an unrepeatable social and cultural experience that should not be missed.

SPORT

The Spa Park covering an area of 16 hectares is a popular place not only for relaxation but also for sport. Our guests can use the tennis courts, volleyball and playground, walking and running paths, rent a bike or play petanque. For those who would like to walk for health and try Nordic walking, we provide an experienced instructor and opportunity to buy specially designed walking sticks.

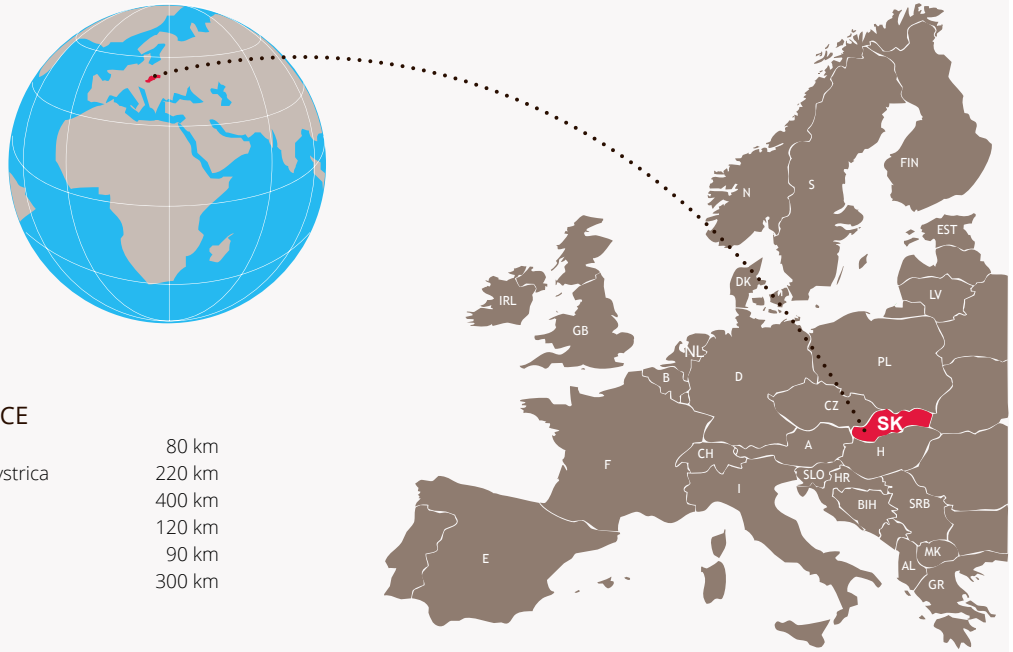
TRIPS

In the vicinity of the spa you should definitely visit the well known royal town Skalica, the town Holíč with the mansion of Maria Theresia, the pilgrimage town of Šaštín, monument of M.R. Štefánik at Bradlo, the Baťa channel, or the Spa Island in Piešťany. There are also many other interesting places to visit even further away - Castle Červený Kameň, Lednice and Valtice, the moravia castles Buchlovice and Milotice, ort the Templar Wine cellars with wine tasting of the best wines. Golf fans can make their stay even more pleasant and play on the nearby golf courses in Senec or Skalica.

OPPORTUNITIES FOR EVENTS ORGANISATION

Thanks to this perfect location in the picturesque region of Záhorie, high quality service and a wide range of activities, we present an ideal place to organise any events - congresses, international meetings, training courses, team building events or a traditional wedding in the historical building Mier.

How to get to Spa Smrdáky



DISTANCE

Bratislava	80 km
Banská Bystrica	220 km
Košice	400 km
Vienna	120 km
Brno	90 km
Prague	300 km

TRANSPORTATION

- Direct connection to Smrdáky, bus station in Senica
- Train station in Kúty
- Airport Bratislava, Žilina, Brno, Vienna

Regular Cultural Events

February
Shrovetide party in the historical hotel Mier
March
Easter break
April
Vernissage of artists from OZ Genesis (citizens association)
May
Opening of the summer spa season
June
Children's Day
July
International Summer Poetry Festival
August
Goodbye summer party for children
September
Annual Wine Celebration
International run through the spa park
October
World Psoriasis Day, Open Day
November
Duck feast
Celebratory feast at Cafe Central
December
Stay with us on St Nicholas Day
Professional Symposium, Smrdaky Days

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