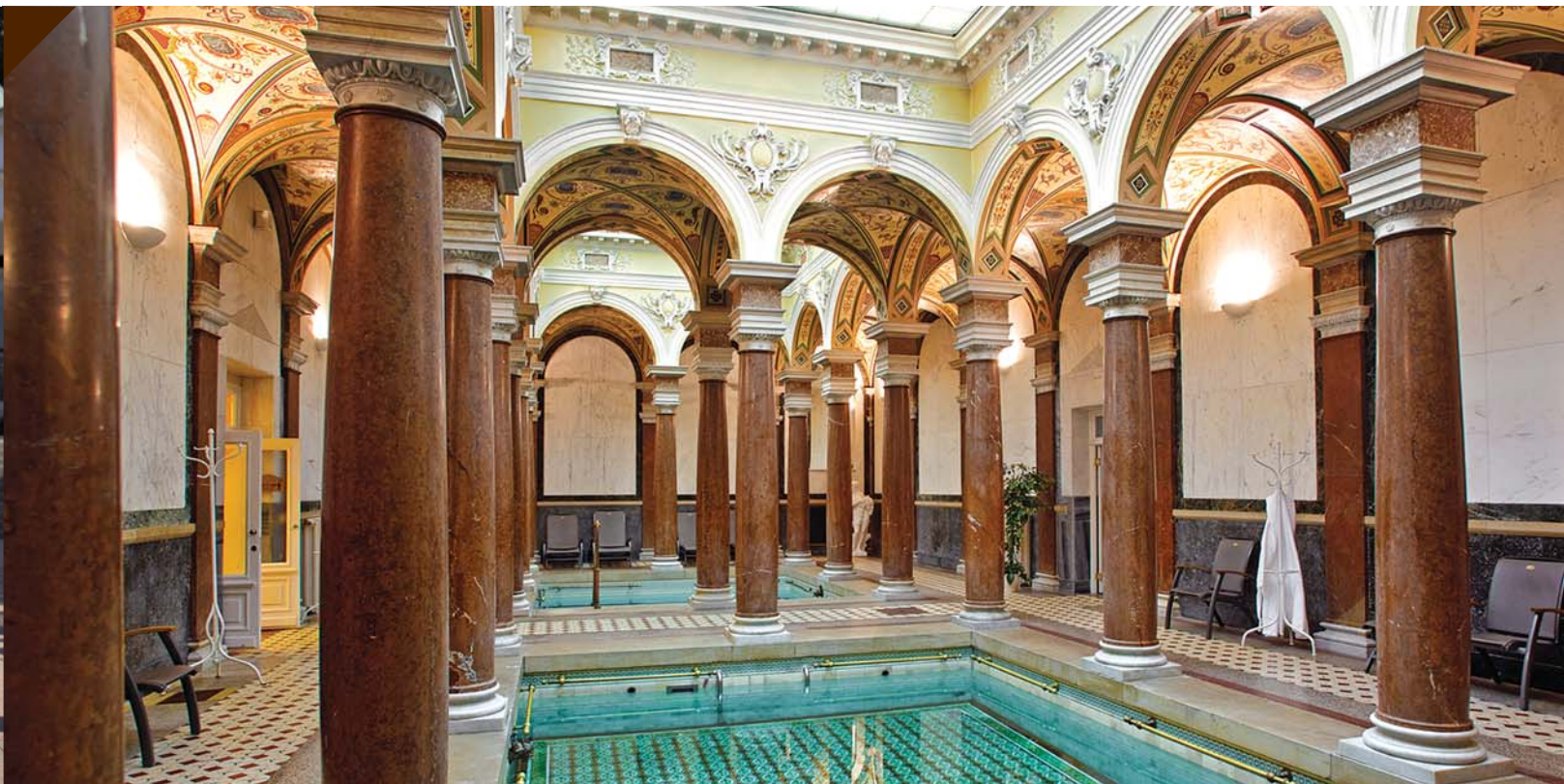


MARIÁNSKÉ LÁZNĚ

Czech Republic



HEALTH SPA & RELAXATION

MARIÁNSKÉ LÁZNĚ – THE TOWN OF 40 SPRINGS



The Czech Republic sits in the centre of Europe, with our famous capital city of Prague just a one hour flight from London. Drive west from Prague and in two hours you will arrive in Mariánské Lázně, a town that was literally created to be spa town. A local monastery was responsible for laying the foundations of this town in the early 1800's after they discovered numerous naturally occurring mineral springs in the area. From here, an easy three hours drive will have you in the UNESCO town of Český Krumlov or a two and a half hour drive will put you in Munich. Perhaps a coffee and cake in Vienna is also on your list of 'must do', then a five hours drive from here will have you there. Our beautiful, peaceful historic town often acts as a central point for people wishing to experience the 'European Tour' dream. Our town is the perfect place to keep coming back to for a relaxing break, a bit of spa pampering and a welcome rest before trying out your next country. And, we are much more than that but you will need to come and see for yourself.

IF YOU WANT THE BEST...



The unique heritage associated with our company's buildings is proudly retained by us in order that all our guests enjoy the luxury of traditional spas and this is evident in our beautiful rooms and restaurants. Staying with our company is a guarantee that you will receive the highest quality of hotel and spa services, a fact confirmed by the numerous international certificates of service we possess and the volume of return guests we proudly welcome back each year.

Elegance is a word used less and less these days but not in our company or our hotels or this town. To stay in one of our unique hotels is to experience what the word elegant truly means. You can feel special when you spend time with us and your body and soul can benefit from our 200 years of providing natural health and wellness, all of which you can experience in the elegant comfort normally associated only with a bygone era.

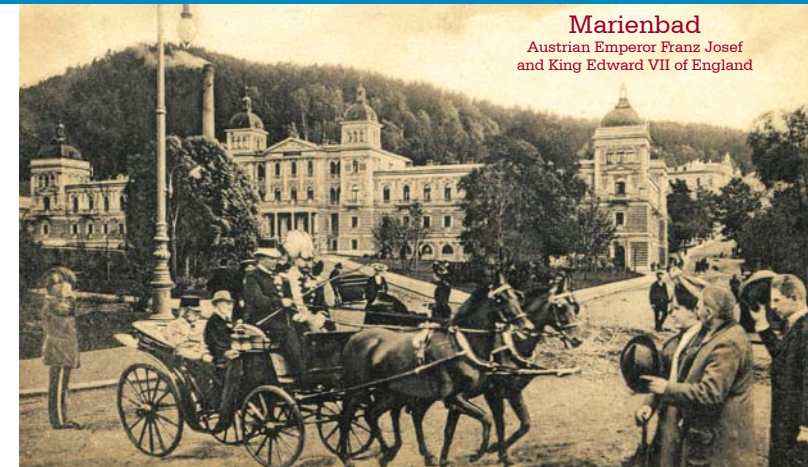
WHY VISIT MARIÁNSKÉ LÁZNĚ?



With beautiful historic architecture, a high location and forested surroundings, guests find themselves in a very special environment where our Danubius Spa Hotels offer you the widest choice of spa treatments (using the local natural resources) in unique historic hotels that provide high quality contemporary accommodation and services. More than 200 years using and developing our spa treatments means you stay in the lap of historic luxury and access more comprehensive spa treatments than you ever knew existed in one place. Freely accessible mineral spring outlets are dotted all around the town so a walk around takes on a whole new perspective. And, we can also boast of the town's unique Maria's Gas (a naturally occurring CO₂ gas) that is used

in many spa treatments. Our natural healthy environment also offers you the chance to try many sporting and other physical activities. So, whether you are a culture vulture, a sports enthusiast or simply want your body and soul pampered, you have now found the perfect place to make it happen. And, there are also many interesting places to visit around the locality that guests always enjoy visiting or maybe you would like to take a shopping trip to one of the close German historic towns? Whatever you decide to do each day, coming back for a massage, sauna, swim or just listening to live music in our hotel's lobby bar will complete the perfect day for you. German, Russian and English are widely spoken here.

TRADITION, STYLE, ELEGANCE



Few places in the world today can offer you the opportunity to take care of your health in an environment steeped in a unique history that is preserved in an architectural beauty that will amaze you. What the world has come to call natural therapies have been available in this town for 200 years. Pampering your health, your body and your soul is not something new for us, it's what we have always done. Elegant souls of the past walked our streets and sampled our treatments just as you can today. King Edward VII, Johann Wolfgang Goethe, Fryderyk Chopin, Johann Strauss, Sigmund Freud, Mark Twain and Albert Schweitzer all helped set the elegant standards of the early days of our existence and now it is your turn. Timeless beauty that also

supplies contemporary high quality accommodation and services is what you will experience. Unique natural resources and treatments, modern wellness facilities, personal programs, highly qualified staff and a wide variety of relaxation and entertainment options all provided within a timeless style, in a unique town, and surrounded by natural beauty.... what more could you ask for?



A COMPLETE HEALTH & WELLNESS DESTINATION



Taking care of your health and wellness is not a luxury, it is a necessity. Our planet has always provided an abundance of natural elements inextricably linked to assisting our biology and Mariánské Lázně was created to do just that. Whether you have a serious illness or just an annoying ailment, the natural elements used in our spa treatments will be determined for you by our experienced and highly trained doctors and medical support staff at the beginning of your stay. We suggest, and you choose, it is your body and soul. Those seeking a wellness and beauty experience will be spoilt for choice here. Within our beautiful historic hotels you will

find swimming pools, whirlpools, saunas, a variety of massages, steam baths, manicures and pedicures and much more that will sooth away the stress of modern living. With your body and soul revitalized, a touch of cosmetic indulgence and a visit to the hairdresser would also help complete the pampering you deserve. The very town itself is there to assist you with its abundance of beautiful forest walks or by taking a healthy leisurely stroll through the park that runs through its centre; remember, Mariánské Lázně was purposely created to offer its visitors the maximum health and relaxation benefits a unique town like ours could give.

THE BEST DECISION YOU'VE MADE



Roman Baths



Royal Cabin

Good health is the most important thing we can ever have and the Danubius Hotels Group has spent lifetimes learning how to help you achieve it. You do not have to imagine yourself bathing in the splendid luxury of Roman Baths, surrounded by marble pillars and feeling the pool's massage jets sooth away the aches and pains of your body..... you can actually have it, here, now! From swimming pool to whirlpool, sauna to steam bath, they are all here waiting for you. We have even introduced a new cryo-sauna (extremely cold temperature immersion) that stimulates the body's whole system..... you must try it. Massages are like people, each one is unique. From the amazing head and neck massage to the full body and on down to the feet,

the hands that will sooth your body are very experienced and you will feel it. And it does not stop there; massages can be performed using scented oils, honey or chocolate and the ever popular hot stones and more. For those wishing to focus on their skin, the renown mud packs and the peat extract baths are a must. Of course, we also offer high quality cosmetic and beauty treatments to complete the pampering to make you look and feel wonderful every day. Going home looking and feeling like a new person is not just a saying here, we make it happen.

WE WILL TAKE CARE OF YOU



WE ARE EXPERIENCED IN TREATING:

- ▶ **Locomotive system disorders:** vertebrogenous syndrome (backaches), degenerative illnesses of locomotive system (spine and large joints), osteoporosis, post orthopedic surgery conditions (hip/joint replacement).
- ▶ **Kidney and urinary tract diseases:** chronic inflammation, kidney and urinary tract stones (after surgery of breaking up stones with impulse waves), post kidney and urinary tract surgery, prostate gland disorders (inflammations and post surgery conditions).
- ▶ **Respiratory tract illnesses:** chronic inflammation, bronchial asthma, allergic colds, post surgery of upper and lower respiratory tract conditions.
- ▶ **Metabolic disorders:** obesity, gout, constipation, diabetes mellitus, hyperlipoproteinemia.
- ▶ **Gynaecologic illnesses incl. infertility therapy:** inflammatory illnesses of outer and inner female genitals, post gynaecological surgery conditions, sterility and infertility, climacteric syndrome, urgent and stress urinary incontinence.
- ▶ **Illnesses of circulatory system:** post myocardial infarction conditions, hypertension II and III levels, dysfunction of peripheral blood vessels and after thrombosis, ischaemic heart and lower limbs diseases, potency disorders.
- ▶ **Oncological diseases:** post oncological breast treatment condition, genital and other oncological diseases except malignant blood diseases.
- ▶ **Digestive system illnesses:** chronic and palindromic illnesses of stomach and intestines, post stomach surgery conditions, duodenum, oesophagus and intestine surgery, Crohn's disease, chronic diseases of gall bladder and biliary tract, function disorders of biliary tract.
- ▶ **Nervous system diseases:** root syndromes, Parkinson's disease.

UNIQUE TO MARIÁNSKÉ LÁZNĚ



Drinking treatment

NATURAL MEDICINAL SOURCES

In and around our town there are more than 100 natural mineral springs, each with its own unique mineral composition which is why our doctors prescribe which will be most appropriate for each individual guest. Mineral water drinking treatments can gently regulate the functioning of the stomach, bowels, kidneys and liver. However, the same waters are also used as inhalations and as mineral baths. Maria's Gas, is a natural CO₂ gas that can be combined with mineral water to form a bath or can be experienced as a 'dry carbon gas bath'. This gas has also been found to be very effective as a pain reliever and healer when injected into the spine or large joints.

SIGNATURE TREATMENTS

MINERAL BATH

Mineral water is heated to between 28 – 34 °C into which Maria's Gas is then pumped, producing a slight but pleasant tingling effect. The carbon dioxide is absorbed through the skin and into the body slowing down the heart activity and reducing blood pressure.



Mineral bath



Dry carbon gas bath



Peat pack

DRINKING TREATMENT

The treatment normally consists of drinking a prescribed amount of a particular mineral water before meals (helps efficiency, effect and absorption into the body). Our doctors will prescribe which springs will best benefit you. Generally, it is advised to 1 or 2 deciliters before meals and you will normally be prescribed to drink between 1 - 2 litres per day. They have been famous for their effects on kidney and urinary tract conditions.

PEAT PACKS

Because there is no natural thermal mud here, peat has been used as an alternative. Peat is applied to the body at a temperature of between 40 – 45 °C and then wrapped around the body for 20 minutes. It is then washed off and can be completed with a dry wrap if desired. The heat improves blood circulation and local metabolism, softening the muscles/connective tissue and having an anti-inflammatory effect.

NATURAL DRY CARBON GAS BATH

You must also try the natural dry carbon gas bath, good for circulation, kidneys and production of sexual hormones. Especially helpful with menopause symptoms in women.

THE MORE RELAXED YOU FEEL, THE MORE OF A HOLIDAY IT IS



The beautiful forests surrounding our town is the first indication of just how relaxed you are about to feel. The forests provide a huge number of trails for walking but it does not stop there. Dotted all around our locality are many lakes, ponds, rivers and streams, places where a relaxing picnic can be enjoyed followed by a cool swim in summer which is an invigorating use of our country's calm and natural nature.

Of course, the ever popular golf is very well catered for here. Just minutes from your hotel is our very own Royal Golf Club, an English style links course complete with clubhouse and restaurant. It tries not to boast too much of the fact that King Edward VII of England was its founding



member! If you really want to know what it feels like to be royalty, you must take a ride in an open horse drawn carriage around the town, it is the perfect way to get to know us a little more at your leisure.

The best holidays are not only about where you go but about what you do once you get there!

THE VARIETY IS HERE.....ALL YOU NEED TO DO IS CHOOSE



A prime holiday location is one that has lots to offer and that includes seeing other places. A ten minute drive from here and you cross into **Bavaria**. Many of the old towns there are a **sightseers dream and a shoppers excitement**, all of which we can arrange for you. But, perhaps before you nip over the border, **Teplá Monastery**, that was home to the monks that founded this town and found the mineral springs, is a short drive from Mariánské Lázně and an exciting visit for lovers of history and culture. Also high on the list of must see is the 12th century **Loket Castle** which often hosts a variety of cultural or music activities within its ancient walls. For families that visit us, there is within the town a beautiful forest park called Prelát that is



full of play equipment and a miniature 'water-world' set into the stream that runs through the park and you can have yourself a barbecue lunch while you are there. For those following their European dream, a four hours drive from here will have you in **Austria** and if you want to see more of what the Czech Republic has to offer, then **Karlštejn Castle** cannot be missed. It is the classic fairy tale castle we all remember from books when we were kids and it is only a one hour drive from town.



Established in 1895, this luxurious Neo-Renaissance building is the largest and architecturally most beautiful building in Mariánské Lázně and fronts the beautiful manicured park that runs through the centre of town. A member of the 'Royal Spas of Europe', this highly acclaimed spa hotel is proud of its amazing Roman Baths. The two pools are

adorned with original marble columns that give guests a special feeling of relaxing in and absorbing a truly beautiful historic environment. This unique experience can be enhanced by taking treatments in the Royal Cabin or the Imperial Room, two special treatment rooms with original historic décor. The Royal Cabin was used by King Edward VII of England during his visits to this town. These gems of times gone by exist within what is now a modern 5 star hotel, com-



plete with all the trappings one would expect from such a contemporary high quality hotel. The Hotel Nové Lázně is the epitome of what can be described as the best of both worlds, the old and the new.

In our company's desire to offer all our guests the maximum benefits and services, the Nové Lázně is connected to the hotels Centrální Lázně, Maria Spa, Imperial and Hvězda via enclosed

corridors. This has created a total resort that means no matter which hotel one stays in, all the services contained within the four hotel resort is comfortably accessible no matter what the weather.



Classic Collection
DANUBIUS
HEALTH SPA RESORT
CENTRÁLNÍ LÁZNĚ

SUPERIOR

A grand and imposing building, Centrální Lázně is the oldest spa complex in town, built on the ground of the first spa building of 1812 that was this town's beginnings. The hotel also overlooks the iconic Colonnade and the tranquil splendor of Goethe Square, its park and fountain, all located in the manicured and elevated spa quarter of town. Like all our hotels, Centrální Lázně is a picture of history yet the elegant and fresh interior offers guests contemporary four star comfort and ser-

vices throughout. Standing outside the hotel, one becomes aware of the town's surrounding forest which is close enough to touch and which creates a natural calmness that guests can not help but feel. It is a hotel more than happy to welcome families and has a safe children's playground within it and a children's play area in a section of its entrance lobby. Secure car parking is also available. If you want a great location, top quality accommodation and spa and wellness services in a friendly historic environment, you have found it.

www.marienbad.cz/centralnilazne



DANUBIUS
HEALTH SPA RESORT
MARIA SPA

SUPERIOR

Recently reconstructed, this stunning building is nestled beneath the overhead forest in the elevated spa quarter of town and offers luxurious accommodation for the discerning. Access to this hotel is via Centrální Lázně. The blend of these two hotels has created a historic spa gem, unique in Europe and that proudly offers the natural resources of our famous Maria Spa mineral waters and the popular

CO₂ gas that features amongst the resort's comprehensive spa treatments, health, beauty and wellness programs. Health, history and comfort has never been so perfectly combined before. The location is quiet and serene yet just a few minutes walk from the Colonnade and town centre.

www.marienbad.cz/mariaspa



This hotel is one of the town's most recognizable icons with its amazing exterior architecture and a perfect location overlooking Goethe Square and the Colonnade, sitting atop the beautiful spa quarter. Combining historic splendor with high quality modern comfort and services, this hotel also boasts the largest hotel swimming pool in this town. The

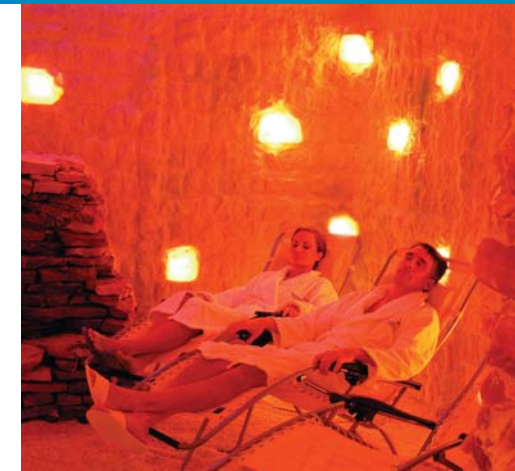
beautiful atrium contained within helps to give this hotel a fresh and airy atmosphere, a place where the traditional spa sits comfortably alongside modern wellness, medical and cosmetic high quality services. Guests are only a few minutes walk from the town center or the winter's ski slope, and just a stone's throw from the Colonnade.

The Hvězda resort is made up of the hotels Hvězda, Imperial and Neapol.



IMPERIAL ****

The latest addition to our hotels in Mariánské Lázně is the Imperial. It has been built on the site of the original bath house 'Kaiser von Österreich – The Emperor of Austria' that was open during the early years the town was attracting European royalty and nobility. We therefore decided to create the new building in the 'Imperial' style and with a name worthy of that idea. Its style and location in the elevated spa quarter has brought it to life, offering guests quality accommodation with sophisticated attributes, a refined internal atmosphere and decor sitting in the perfect location. The Imperial also has 40 underground car parking spaces.



NEAPOL ****

This cosy hotel is part of the Imperial resort and is situated in a quiet lane that runs between Imperial and Maria Spa where the forest sits right above the roofline and the birds can be heard echoing across the spa quarter. This beautiful small hotel contains the newest and very personal small spa centre offering complete spa care and using the local natural medicinal resources. Its size gives it a very personal and friendly feel whilst offering spacious high quality accommodation and the peacefulness of a private location that is nevertheless just a few minutes walk from the Colonnade and the centre of town.

www.marienbad.cz/imperial



Grand is the perfect word to describe this hotel. Sitting atop the inclining main road, this architectural beauty looks across to the Colonnade and down over park that runs through the centre of Mariánské Lázně. This landmark hotel has its own mineral water outlet actually in the entrance lobby where guests can sip the Forest Spring water at any time.

Once you enter the hotel, and the beautiful historic façade gives way to a modern interior offering high quality accommodation, a vast array of spa treatments, services and all the facilities one would expect from a sophisticated modern spa hotel.



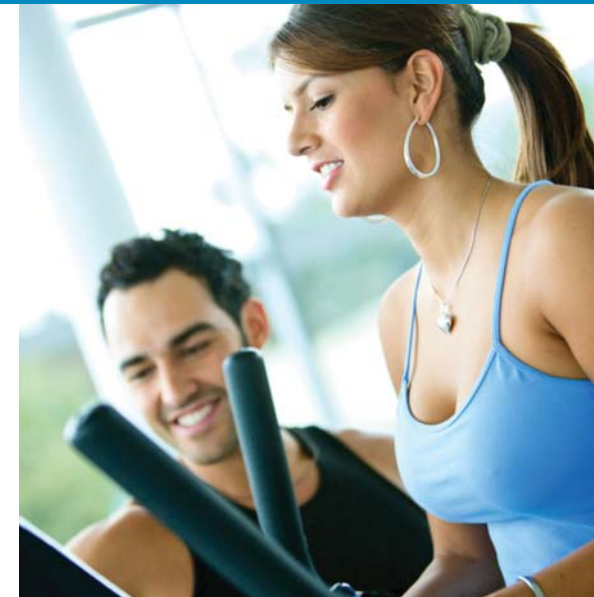
DANUBIUS
HEALTH SPA RESORT
BUTTERFLY
★★★★★
SUPERIOR

The Hotel Butterfly is a modern building designed to reflect Art Nouveau styling yet contain a refreshing artistic flair and contemporary feel. Perfectly placed on main road opposite the lower spa park in the town centre, it has its own Ferdinand Spring mineral water outlet in the lobby and is the only hotel in town offering the popular sulphate baths. With a swimming pool and whirlpool next to the lobby bar (yes you can order a drink from the pools), entering this hotel gives guests an immediate feeling of welcome and relaxation. The spa services and treatments, wellness and beauty needs are intelligently located throughout the hotel. A café and restaurant alternate as the location for

daily meals with an outdoor terrace the perfect place to take breakfast or enjoy a special dinner. Underground parking is also available. Age old spa treatment know how and up to date medical, wellness and beauty programs in a contemporary setting is what Hotel Butterfly is about. We are also the perfect hotel for families, with our larger rooms and child friendly staff and facilities, you will be glad you came to share some time with us. Conferences and corporate meetings are a speciality of Butterfly. We offer all the services and equipment you will need to make your gathering a welcomed success by all participants.

www.marienbad.cz/butterfly

Spa Hotel VLTAVA ★★★★★



SPA HOTEL
VLTAVA
★★★★

The Spa Resort Vltava consists of 3 buildings connected by an internal corridor. It sits in an elevated tree lined quiet street with a view across the town and the forest on its doorstep. On the second floor there is a large sun terrace with tables, chairs and sun loungers, all of which is accessed via the Restaurant Regina which invites guests to take a hot or cold drink under the umbrellas and feel the

cool breeze. Within the resort, guests can soak in a mineral bath, swim in the pool, soak up a sauna or get the heart pumping in the fitness centre. Vltava is proud to admit it uses only the best local natural medicinal resources in its spa treatments and with years of experience, it can offer guests the best of what spa resorts are all about.

www.marienbad.cz/vltava

Spa Hotel SVOBODA ***



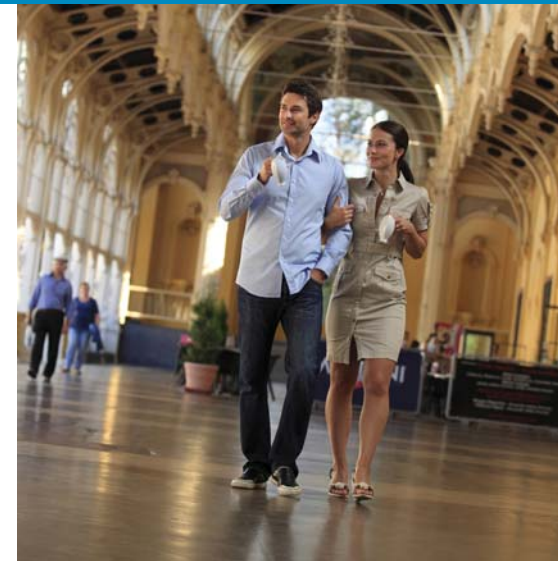
SPA HOTEL
SVOBODA

With a magnificent historic exterior, this resort is a blend of three buildings that have been combined and substantially renovated to produce this spa town gem that sits in a beautiful quiet street on the entrance to the surrounding forest park. The new interior is stylish and fresh with a comfortable contemporary feel that will please any guest. The resort is close to the town centre and Colonnade yet just a stone's throw from the natural Forest Spring

mineral water outlet that exists within the surrounding trees. The resort uses newly also the Josef Spring mineral water in its mineral baths and for its drinking treatments. The spa department and medical surgeries are situated in the Palladio Spa Centre and all the services available within the three sections of the resort are accessible via the covered promenade. There is also a common room with billiard table and a children's play area that make it perfect for families.

www.marienbad.cz/svoboda

Spa Hotel LABE ***



SPA HOTEL
LABE

Spa Hotel Labe is located in a quiet street that sits above the Colonnade and the Singing Fountain. This small hotel has a very private and friendly feel with a homely atmosphere and personal attention that makes it a very relaxing and enjoyable place to spend your time in Mariánské Lázně. This popular hotel offers

its guests complete spa care with attentive and friendly experienced staff that understand just what you are looking for. WiFi is available in the common areas of the hotel and its Internet corner, both of which are freely accessible to guests.

www.marienbad.cz/labe



MARIENBAD
COSMETICS

The products of MARIENBAD COSMETICS draw their power from the medicinal sources of Mariánské Lázně, where nature has been storing its energy for thousands of years. When processing these products, traditional proven methods of regeneration known from spa activities, were used. At the same time the requirements of modern cosmetics have been considered.

Beauty from the spa...



www.marienbad.cz
www.marienbadcosmetics.cz


Marienbad
KUR & SPA HOTELS
DANUBIUS HOTELS GROUP

Classic Collection
DANUBIUS
HEALTH SPA RESORT
NOVÉ LÁZNĚ
★★★★★



Reitenbergerova 53
353 01 Mariánské Lázně
Tel.: +420 / 354 644 111
Fax: +420 / 354 644 044
E-mail: novelazne@badmarienbad.cz

Classic Collection
DANUBIUS
HEALTH SPA RESORT
CENTRÁLNÍ LÁZNĚ
★★★★★
superior



Goethovo náměstí 1
353 43 Mariánské Lázně
Tel.: +420 / 354 634 111
Fax: +420 / 354 634 200
E-mail: centralnilazne@badmarienbad.cz

DANUBIUS
HEALTH SPA RESORT
MARIA SPA
★★★★★
superior



Goethovo náměstí 1
353 43 Mariánské Lázně
Tel.: +420 / 354 634 111
Fax: +420 / 354 634 200
E-mail: mariaspa@badmarienbad.cz

DANUBIUS
HEALTH SPA RESORT
HVĚZDA
★★★★★
superior



Goethovo náměstí 7
353 52 Mariánské Lázně
Tel.: +420 / 354 631 111
Fax: +420 / 354 631 200
E-mail: hvězda@badmarienbad.cz

DANUBIUS
HEALTH SPA RESORT
**GRANDHOTEL
PACIFIK**
★★★★★
superior



Mírové náměstí 84
353 48 Mariánské Lázně
Tel.: +420 / 354 651 111
Fax: +420 / 354 651 200
E-mail: pacifik@badmarienbad.cz

DANUBIUS
HEALTH SPA RESORT
BUTTERFLY
★★★★★
superior



Hlavní 655
353 01 Mariánské Lázně
Tel.: +420 / 354 654 111
Fax: +420 / 354 654 200
E-mail: butterfly@badmarienbad.cz

SPA HOTEL
VLTAVA
★★★★★



Anglická 475
353 53 Mariánské Lázně
Tel.: +420 / 354 641 111
Fax: +420 / 354 641 200
E-mail: vltava@badmarienbad.cz



**LÉČEBNÉ LÁZNĚ
MARIÁNSKÉ LÁZNĚ A.S.**

Masarykova 22
353 01 Mariánské Lázně
Czech Republic
Tel.: +420 / 354 655 501-9
Fax: +420 / 354 655 500
E-mail: reservations@badmarienbad.cz

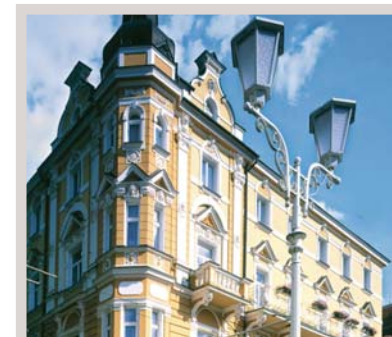
marienbad.cz
marienbad.danubiushotels.com

SPA HOTEL
SVOBODA
★★★★★



Chopinova 393
353 22 Mariánské Lázně
Tel.: +420 / 354 662 111
Fax: +420 / 354 662 200
E-mail: svoboda@badmarienbad.cz

SPA HOTEL
LABE
★★★★★



Masarykova 21
353 29 Mariánské Lázně
Tel.: +420 / 354 666 111
Fax: +420 / 354 666 200
E-mail: labe@badmarienbad.cz

www.marienbad.cz